S.U.N. Spiritual Unfoldment Network ™

CHECK OUT OUR WEBSITE! spiritunfold.com

About S.U.N. and Our Transformational Courses

Newly Available from the S.U.N. Website:

* **Audio Distant Courses in mp3 format!** Recordings of Irving's live classes were only available on CD before. There is no tax or shipping cost for mp3 classes - see **spiritunfold.com/mp3courses.htm** and order at **spiritunfold.com/distancecourses.htm**.

* **Newly released Distant Courses** Irving taught live before 2010 are now available on S.U.N.'s website.

* **S.U.N.'s** website has a **new** Featured Course directory at **spiritunfold.com**, and an improved search function.

234 Audio Distant Courses on CD:

You can hear these enhanced courses taught by the S.U.N. Founder and receive the enhanced attunements. See pages 4 to 6.

TRY S.U.N. DISTANT COURSES:

Choose from 300 Distant Classes:

spiritunfold.com/distantenergywork.htm

Distant transmissions can be taken at any time.

DISTANT MYSTERY SCHOOLS:

Khu, the Egyptian Mystery School

egyptianmysteryschool.com

The Mysteries of Nephthys™

See description on page 14

Is There A More Effective Way To Be On Your Path?

If you're like most people who read our newsletter, you have a sincere interest in personal or spiritual growth and you're open to the possibility of techniques that will assist you to progress faster. This article describes methods which have been used successfully in esoteric traditions for thousands of years, yet are only now starting to become known in our own culture. I have seen these methods create changes not achievable by any other method—changes in my own life and in the lives of thousands who have taken our classes. [continued on page 6]

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What is S.U.N.?

The Spiritual Unfoldment Network is an international non-denominational spiritually oriented network of teachers dedicated to making esoteric energy work from all major spiritual traditions available to the public. Our goal is to assist people in progressing more effectively on their personal spiritual path, at their own pace, without prescribing what that path must be.

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A Note from the Founder

Welcome to the Spiritual Unfoldment Network Newsletter

S.U.N.'s work is founded on two premises:

(1) The truth is inside you; what you seek lies not outside of you but within the treasure chest of your own heart. In the Dhammapadda the Buddha says, "The way is not in the sky, The way is in the heart." In the Gospel According to Luke, Jesus says "The kingdom of God is not coming with things that can be observed; nor will they say, 'Look, here it is!' or 'There it is!' For in fact, the kingdom of God is within you."

(2) The many beautiful shaktis (spiritual energies) which the Divine has given us are master keys to unlocking that treasure chest. When we say "spiritual energy," we are talking not about something abstract but about transforming the quality of our lives moment to moment, about integrating matter and spirit in our daily lives.

People respond differently to various traditions. It is our hope that by making available energies from the world's great spiritual traditions, you can find the key that best unlocks your own treasure chest.

Best Wishes,

Irving Feurst - Founder and Director

About Irving Feurst

Irving founded S.U.N. in 1992 after his life was transformed by shakti initiation. Irving was so enriched by these spiritual experiences that he is devoting his life to making shakti initiations available to others.

Irving is also the founder and director of Khu, the Egyptian Mystery School, (egyptianmysteryschool.com), a long distance spiritual program with monthly energy initiations and written lessons.

For a brief explanation of subtle energy, see "Is There A More Effective Way To Be On Your Path?" on page 1, and "Intelligent Energy", page 8. Find more biographical information about Irving in Chapter 1 of the book *Energy Blessings from the Stars* by Virginia Essene and Irving Feurst. Chapter 2 of the book has a longer introduction about energy. To order the book see page 8 of this newsletter.

Why Take a S.U.N. Class?

S.U.N. classes are unique in their variety and transformative power. People at all levels of experience take our classes—from complete beginners to professional energy workers. Students receive "attunements" which are permanent empowerments of their subtle energy fields. This is what gives them the capability to do the "work". Over 400 Distant classes can be ordered and received whenever the student chooses.

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Classes are very modestly priced with most introductory seminars starting at under $100. (Angel classes always cost $80 or less). While some introductory courses are inexpensive, all S.U.N. courses are powerful and transformative. Even our advanced classes cost much less than those of the few comparable organizations doing this level of work. Some topics are completely covered in just one class, while others are part of a series which can be taken over several months or years.

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Live classes are led by highly trained S.U.N. teachers, providing a workbook which guides the student in practice at home. Practice can be for whatever amount of time desired and progress is made accordingly. This can range from 15–20 minutes 3–4 times per week to as much as several hours each day. Additional guidance from teachers, individual sessions, and free group meetings may be available. Many teachers are located in the San Francisco Bay Area, as well as throughout the United States, and in Europe and Asia.

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Even taking the first course of a series is a complete training of its own and will provide the student with opportunities for a lifetime of practice. New classes are being offered on a triannual basis to expand the selection and to provide experiences that more closely match the ever-changing needs of the students.

In S.U.N. Classes you will:

- Accelerate your transformation at every level of your being:physical, emotional, mental, and spiritual—beyond what you have believed was possible.
- Receive powerful initiations ("shakti").
- Direct energy purely by intention to create the desired experience.
- Release blocks which prevent you from manifesting your true nature.
- Directly experience the love of the God within you.
- Become connected in a very deep way with higher guidance: angels, guides and your Higher Self.
- Use S.U.N. teachings to enhance other abilities you may have acquired in the past or might obtain in the future (such as Reiki, NLP, visualization, meditation, etc.).
- Prepare yourself to go on to advanced work if desired. (But at no time will you ever be pressured to do so.)

- By Byron Mandel

A Little of Your Time Could Be A Big Investment In Your

Attending a free "Introduction to S.U.N." with the teacher who will be giving the introduction is a simple, comfortable way to determine what S.U.N. energies have to offer you.

The first thing to know is that no one at S.U.N. will attempt to sell you or convince you of anything. The introductory evenings are designed to let you experience firsthand what this work is about, and you can decide for yourself.

Whether you are newly interested in subtle energies or have been working with them for a while, we believe you will find that S.U.N. is at the leading edge in this field. As you look over this newsletter, you may find a course that is of particular interest to you. To find out where these introductory evenings will be held, call the teacher. (See the Teacher Directory on page 11.)

S.U.N. is not associated with any particular religion, but draws meaning from many of the powerful spiritual practices around the world throughout history. Whatever your chosen path, this work can help you along your way. If you feel an impulse to see what this is all about, mark your calendar now for the date you want to attend! It could be a turning point in your life.

Newsletter Staff
Irving Feurst, *Founder/Director*
Christine Clements, *Office Mgr.*
Judy Flum, *Production*

You are invited to Teachers' Free Introductory Meetings

Transforming Yourself With S.U.N. Energy: An Experiential Introduction

S.U.N. teachers give talks explaining energy work and providing an overview of our unique classes. Come experience these transformative energies for yourself!

Some teachers prefer to schedule an Introduction to S.U.N. or Energy Meeting when they are contacted rather than in advance. You can find the current teachers' Schedule of Classes at spiritunfold.com/schedule. Or, you can call the Active Teachers listed on page 11 if you have questions.

Introduction to S.U.N. (Free)

Meet by Arrangement	Zoom/Phone	L. Metzger
Meet by Arrangement	London/Online	Hari Tahil
Meet by Arrangement	Tokyo/Online	Petya Lowe

"Now I am doing cartwheels because S.U.N. shines so much Light and every day I pray to know as you do 'soul purpose and evolution'! . . . S.U.N. has been/is the biggest blessing in my life. That and the connection to my soul it allows." **- Lizzie H.**

S.U.N. Energy Meetings (Free)

Some S.U.N. teachers hold Energy Meetings on a regular basis. These meetings are to further your understanding and practice of energy work you are learning in S.U.N courses. Participants practice using new S.U.N. skills, i.e., practicing energy work on each other. We also meditate, answer questions and discuss spiritual problems you might be having. Lastly, this is a place to meet and socialize with others who share common interests. Attend an energy meeting facilitated by S.U.N. teachers.

Students who are interested in Energy Meetings should call a S.U.N. teacher *(see the directory on page 11)*. Many S.U.N. teachers will arrange meetings to work with your schedule.

Meet by Arrangement	Tokyo, Japan or Online	Petya Lowe
Meet by Arrangement	London, England or Online	Hari Tahil
Meet by Arrangement	Zoom/Phone	Ira and Kathy Hilf

Audio Distant mp3 and CD Courses

S.U.N. Audio Distant courses were recorded at the time they were taught by Irving Feurst. These classes use enhanced energy technologies which make them so much more powerful than the original courses – they almost constitute a second level of the energy. This makes them one of S.U.N.'s best bargains since the second level of a course can cost appreciably more than the first level of the energy. Ask your Higher Self if you would benefit from this opportunity. You receive transmissions from Irving's solar (guardian) angel. Those who took the classes live may order at a reduced price, instructions are on page 5.

By Irving Feurst

ENOCHIAN TRANSFORMATION SERIES

S.U.N. guides have made this series of Audio Distant classes far more powerful than usual. It is a complete system of physical, emotional and spiritual evolution based on information and energies from the angels who transmitted the biblical Book of Enoch. Special strengths of the system are almost effortless personal change and unusually potent awakening of the seven components of Christ Consciousness. It goes especially well with the new Christ Consciousness courses but does not replace them. You are initiated into the multipurpose Enochian alphabet, revealed by the angels to humanity. Some letters open new energy channels, some activate esoteric functions of your meridians. You can meditate on the letters to receive wonderfully transformative energy work. For some it will seem as if they pass through a mirror and they will have growthful adventures. By tracing the letters in the air you can permanently activate gateways that will bring through powerfully clearing, uplifting energies aiding in the evolution of humanity and the planet. ***Enochian courses must be taken in order, no sooner than one week apart.***

KUAN YIN ENLIGHTENMENT SYSTEM, LEVEL 1 $92.40 CA $86 US

Kuan Yin's role in the East has been compared to that of Mary, the mother of Jesus, in the West. She is a mother figure, trusted friend, gentle guide and protector. This is the first class in a four-level complete meditation system for reaching enlightenment. The Kuan Yin meditation helps develop divine qualities of joy, compassion and detachment. It lets your consciousness reach higher planes in less than 3 minutes. This is a primary meditation which can be used to reach enlightenment, even if it is your only spiritual practice.

MANIFESTING YOUR SOUL PURPOSE $92.40 CA $86 US

Help manifest your soul purpose by receiving intensive individualized energy work from the solar angel of the S.U.N. founder. Your higher self chooses the work to most benefit you in reaching this goal, including releasing emotional and mental blocks that prevent you from succeeding, removing external obstacles to manifesting your soul purpose, alleviation of past life karma, potentializing probabilities and recapturing past life abilities and initiations.

THE MAYAN DREAM TEMPLE $92.40 CA $86 US

In this course you receive an autonomous (self-activating) ancient Mayan initiation that empowers you to enter their dream temple and receive a sequence of consciousness transforming initiations during your sleep. This sequence of initiations starts you on a path which leads you progressively through the thirteen Mayan "heavens", culminating in the Mayan form of enlightenment.

WORKING WITH GANESHA $92.40 CA $86 US

Ganesha is a traditional Hindu spiritual guide, typically depicted as an elephant-faced figure and considered a remover of obstacles, a bringer of success, and abundance. In this class you will receive classical Ganesha initiations as well as new ones being released to humanity for the first time. Ganesha is fun-loving and very jovial, always full of good humor and cheer. If you let him, he can pull you out of the darkest depression. His humor can be outrageous at times, but never hurtful, for he is also exceptionally gentle and loving. He is a great lover of the truth, both the universal truths and truth in one's relationships.

Learn how to get the most from an ongoing relationship with Ganesha. In this extensive course, you receive fifteen initiations, including a Communication Attunement, a Courage Initiation, the awakening of the classic mantra "Om Gam Ganapatayae Namaha", and a meditation for piercing the veil of duality.

"As the one sun illuminates the whole earth, so the Lord illuminates the whole universe."
- The Bhagavad Gita

Audio Distant Classes on CD

(Find descriptions and mp3 classes at spiritunfold.com/distancecourses.htm)

A TOUR OF THE ANGELIC KINGDOM, 1-3/6-12 *(Each)*	$92.40 CA $86 US
ABUNDANCE AS A DIVINE ELIXIR	$92.40 CA $86 US
ACCESSING OBSERVER CONSCIOUSNESS	$92.40 CA $86 US
ACTIVATING YOUR COMMUNICATION RING	$92.40 CA $86 US
ACTIVATING YOUR HARA CENTER	$92.40 CA $86 US
ACTIVATING YOUR THYMUS CHAKRA	$92.40 CA $86 US
THE ALCHEMY OF LIGHT	$92.40 CA $86 US
ALIGNING WITH THE CENTRAL SUN	$92.40 CA $86 US
AMITABHA EMPOWERMENT FOR ENLIGHTENMENT	$119.71 CA $111 US
ANGELIC DREAM PRACTICE: LOVE	$92.40 CA $86 US
ANGELIC DREAM PRACTICE: MANIFESTATION	$92.40 CA $86 US
ATLANTEAN TEMPLE INITIATION (CROWN CHAKRA)	$92.40 CA $86 US
BABAJI'S CELLULAR TRANSFORMATION SYSTEM	$92.40 CA $86 US
BABAJI'S CHAKRA TRANSFORMATION SYSTEM	$92.40 CA $86 US
BABAJI'S LIGHT BODY SYSTEM	$92.40 CA $86 US
BALANCING THE PINEAL AND PITUITARY GLANDS	$92.40 CA $86 US
BALANCING CHAKRA PAIRS	$92.40 CA $86 US
BECOMING YOUR IDEAL SELF	$92.40 CA $86 US
BECOMING YOUR TRUE SELF	$92.40 CA $86 US
THE BLUE PEARL, LEVEL I	$92.40 CA $86 US
BRAIN OPTIMIZER	$92.40 CA $86 US
THE BREATH OF JOY	$119.71 CA $111 US
THE CADUCEUS FORCE, LEVEL I	$92.40 CA $86 US
CENTERS OF DIVINE WILL: THROAT CHAKRA	$92.40 CA $86 US
CENTRAL SUN ENERGIES	$92.40 CA $86 US
CENTRAL SUN PATTERN RELEASE	$92.40 CA $86 US
CENTRAL SUN SOUND CHAKRAS	$92.40 CA $86 US
CHAKRAS: THE OTHER SIDE	$92.40 CA $86 US
CHRIST SEEDS: RAYS 1-7 *(Each)*	$92.40 CA $86 US
CLEARING RELATIONSHIP KARMA	$92.40 CA $86 US
CONNECTING W. YOUR OTHER-DIMENSIONAL SELF	$92.40 CA $86 US
CONNECTING WITH YOUR SOUL GROUP	$92.40 CA $86 US
CONTINUING ANTAHKRANA WORK (Repeatable, *Each*)	$92.40 CA $86 US
COSMIC HEART INITIATION	$92.40 CA $86 US
THE CRYSTALLINE GRIDWORK	$92.40 CA $86 US
DEVELOPING CLAIRAUDIENCE WITH NEW INITIATION	$92.40 CA $86 US
THE DIAMOND LIGHT	$92.40 CA $86 US
DIVINE ALIGNMENT	$92.40 CA $86 US

(continued on page 5)

More Audio Distant mp3 and CD Courses (continued from page 4)

THE DIVINE FEMININE AND THE COMING GLOBAL TRANSFORMATION	$92.40 CA $86 US
DREAM WATER	$92.40 CA $86 US
EARTH BREATHING	$92.40 CA $86 US
EMBODYING YOUR SOUL NOTE	$92.40 CA $86 US
EMPOWERING THE BIJA MANTRAS	$92.40 CA $86 US
EMPOWERING YOUR BASE CHAKRA	$92.40 CA $86 US
ENHANCING AFFIRMATIONS	$92.40 CA $86 US
ENHANCING ENERGY BLESSINGS FROM THE STARS, LEVEL 2	$92.40 CA $86 US
ENOCHIAN TRANSFORMATION SERIES: ***Prerequisite: Prior Cycle, Level and Class Required for each course in series***	
ENOCHIAN TRANSFORMATION 1.1.1 through 1.4.10 *(Each)*	$92.40 CA $86 US
THE FIRE OF ELIJAH	$92.40 CA $86 US
GABRIEL'S TRUMPET *(Archangel Class)*	$92.40 CA $86 US
GALACTIC D.N.A. ACTIVATION	$92.40 CA $86 US
GOD AND THE VOID	$92.40 CA $86 US
HARMONIZING YOUR THREE MOST IMPORTANT ENERGY CHANNELS	$92.40 CA $86 US
HAWAIIAN SECRETS OF MENTAL CREATION	$92.40 CA $86 US
HAWAIIAN STAR ENERGIES	$92.40 CA $86 US
HIDDEN ABILITIES OF YOUR 1,2,3,4 & 5th CHAKRA *(Each)*	$92.40 CA $86 US
HIGHER CONNECTION	$92.40 CA $86 US
HOLOGRAPHIC CELLULAR CLEARING, LEVEL I	$92.40 CA $86 US
IMPROVING YOUR ABILITY TO WORK WITH ANGELS	$92.40 CA $86 US
INSTINCTIVE EATING	$92.40 CA $86 US
INTEGRATING SUBPERSONALITIES	$92.40 CA $86 US
INTEGRATING YOUR CEREBRAL HEMISPHERES	$92.40 CA $86 US
INCREASING THE POWER OF YOUR FAVORITE MANTRA	$92.40 CA $86 US
INTERDIMENSIONAL GATEWAYS, 1 – 12 *(Level 1 Required)*	$92.40 CA $86 US
KUAN YIN ENLIGHTENMENT SYSTEM: LEVEL 1	$92.40 CA $86 US
KUAN YIN, LEVEL 2 *(Prerequisite: Level 1)*	$147.03 CA $136 US
KUAN YIN, LEVEL 3 *(Prerequisite: Level 2)*	$201.65 CA $186 US
KUAN YIN, LEVEL 4 (Distant, No CD - *Prerequisite: Level 3)*	$230 CA $230 US
LEARN KARMIC LESSONS MORE EASILY	$92.40 CA $86 US
LIFE FORCE INITIATION	$92.40 CA $86 US
THE LIGHT OF THE CELLS	$92.40 CA $86 US
THE LIGHT OF URIEL *(Archangel Class)*	$92.40 CA $86 US
LIVING GRACEFULLY IN STRESSFUL TIMES	$92.40 CA $86 US
LOST KABBALISTIC TEACHINGS OF JESUS: PEARL	$92.40 CA $86 US
LOVE FOUNTAINS, LEVEL I	$92.40 CA $86 US
MANIFESTING THROUGH EARTH'S GRIDWORK	$92.40 CA $86 US
MANIFESTING YOUR SOUL PURPOSE	$92.40 CA $86 US
MAYAN CRYSTAL SKULL AND GALACTIC CENTER	$92.40 CA $86 US
MAYAN DREAM TEMPLE	$92.40 CA $86 US
MEDITATING ON PRIMORDIAL LIGHT	$92.40 CA $86 US
MEET YOUR FUTURE SELF	$92.40 CA $86 US
MICHAEL'S CHAKRA TRANSFORMATION SYSTEM	$92.40 CA $86 US
MIRACLE OF THE BREATH	$92.40 CA $86 US
MOONLIGHT, DREAMS AND DEVAS	$92.40 CA $86 US
THE MUSTARD SEED MEDITATON	$92.40 CA $86 US
THE MYSTERIES OF THE LALANA CHAKRA	$92.40 CA $86 US
THE MYSTERIES OF OM	$92.40 CA $86 US
THE MYSTERIES OF VENUS	$92.40 CA $86 US
OPENING THE FIFTH SPIRILLA	$92.40 CA $86 US
OPENING TO THE HEART OF THE SUN	$92.40 CA $86 US
OVERCOMING OBSTACLES TO ENLIGHTENMENT	$92.40 CA $86 US
PLANETARY GRIDWORK ALIGNMENT	$92.40 CA $86 US
POLARIS, YOUR CELLS, AND D.N.A.	$92.40 CA $86 US
THE POWER OF CHAMUNDI	$92.40 CA $86 US
POWER OF THE NORSE RUNES: HAGALAZ	$119.71 CA $111 US
RAINBOW MERIDIAN SYSTEM	$92.40 CA $86 US
RECAPTURING PAST LIFE GIFTS	$92.40 CA $86 US
RECREATING YOUR ATMIC PERMANENT ATOM	$92.40 CA $86 US
RECREATING YOUR BUDDHIC PERMANENT ATOM	$92.40 CA $86 US
RECREATING YOUR EMOTIONAL PERMANENT ATOM	$92.40 CA $86 US
RECREATING YOUR MENTAL PERMANENT ATOM	$92.40 CA $86 US
RECREATING YOUR PHYSICAL PERMANENT ATOM	$92.40 CA $86 US
RECREATING YOUR RELATIONSHIP WITH ANYONE	$92.40 CA $86 US
RELEASING ANGER	$92.40 CA $86 US
RELEASING BLOCKS TO SUCCESS	$92.40 CA $86 US
RELEASING UNCONSCIOUS BLOCKS TO YOUR GOALS	$92.40 CA $86 US

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How to Order Audio Distant Courses

Order online at spiritunfold.com/distancecourses.htm

To order by mail: Send your request to S.U.N., P.O. Box 5900, Hercules, CA 94547. The check or money order should be made out to "S.U.N." Prices include shipping and handling fees. All courses (except Amitahba Empowerment, Breath of Joy, Kuan Yin Enlightenment 2,3,4, Power of the Norse Runes and Working with the Archangels Metatron and Zadkiel) are as follows: mp3 courses are $80; for CD courses California residents pay $92.40 (tax included), U.S. (not CA) $86, and International $97.

Please indicate which courses you would like to receive. In case we need to contact you, include your name, mailing address, phone number with area code, and email address. If more than one person will be receiving the attunements with these CDs, you must include a payment for each person. NOTE THE PRICES BY EACH COURSE: CA means California resident price; U.S. means U.S. resident outside of California. To place international orders, see the information below.

For people outside the domestic United States: Order online by credit card or by mail. Payments sent from other countries should be made out in U.S. dollars and drawn on a United States bank (international money orders in U.S. dollars are acceptable). PLEASE ADD $11 PER COURSE TO THE U.S. (NOT CA) PRICE, TO COVER THE COST OF INTERNATIONAL SHIPPING.

If you took a course in person (not Enhanced): Follow the instructions above, indicate that you took the original live course (we will verify it in our records). CA residents, enclose $30.67, U.S. residents (non CA) $29.50, and International residents: $39.99.

More Audio Distant mp3 and CD Courses

(continued from page 5)

RESTORING WHOLENESS TO THE HEART *(Archangel Class)*	$92.40 CA $86 US
REWIRING THE ETHERIC, EMOTIONAL, MENTAL, CAUSAL BODIES *(Each)*	$92.40 CA $86 US
SECRET CHAKRA LUCID DREAMING	$92.40 CA $86 US
SELF-ACCEPTANCE	$92.40 CA $86 US
THE SHIELD OF BASTET	$92.40 CA $86 US
THE SIKHOTE-ALIN INITIATION: GOD AS SELF, LIGHT AND POTENTIALITY	$92.40 CA $86 US
THE SIRIAN PORTAL	$92.40 CA $86 US
SOLAR ALCHEMY, LEVEL 1	$92.40 CA $86 US
SOLAR ANGEL CONDUCTION GRIDWORK, LEVEL 1 OR 2	$92.40 CA $86 US
THE SOLAR CHALICE	$92.40 CA $86 US
THE SOLAR EGO	$92.40 CA $86 US
SOUL-CENTERED CHAKRA WORK	$92.40 CA $86 US
SOUL CLAIRVOYANCE, PARTS 1 & 2 *(Each)*	$92.40 CA $86 US
SOUL SEED: MEDITATION	$92.40 CA $86 US
SOUL SEED: RESTRUCTURING YOUR CHAKRAS	$92.40 CA $86 US
SOUL SEED: RESTRUCTURING YOUR SUBTLE BODIES	$92.40 CA $86 US
STAR JOURNEYS, CLASSES 1 through 7, *(Each)*	$92.40 CA $86 US
THE SOUND OF YOUR D.N.A.	$92.40 CA $86 US
THE STAR OF DAVID INITIATION	$92.40 CA $86 US
THE SWEETNESS OF LIFE	$92.40 CA $86 US
THE SWEETNESS OF LIFE TRANSMISSIONS	$92.40 CA $86 US
THE TETRAGRAMMATON	$92.40 CA $86 US
THREE RAY BOHDICHITTA	$92.40 CA $86 US
THROUGH THE BINDU	$92.40 CA $86 US
THE TRIPLE SWORD OF MICHAEL *(Archangel Class)*	$92.40 CA $86 US
THE TWELVE CHAKRA SYSTEM	$92.40 CA $86 US
UNDERSTANDING AND EXPERIENCING NON-ATTACHMENT	$92.40 CA $86 US
UNIFYING PERSONAL UNCONSCIOUS & HIGHER SELF	$92.40 CA $86 US
UNITING MIND AND HEART	$92.40 CA $86 US
VAJRA, SEX AND ENLIGHTENMENT	$92.40 CA $86 US
VIPASSANA MEDITATION, LEVELS I through V *(Each)*	$92.40 CA $86 US
THE WONDER OF A CHILD	$92.40 CA $86 US
WORKING WITH GANESHA	$92.40 CA $86 US
WORKING WITH PLANETARY TRIANGLES, LEVEL II	$92.40 CA $86 US
WORKING WITH THE ARCHANGEL HANIEL	$92.40 CA $86 US
WORKING WITH THE ARCHANGEL METATRON, LEV. I	$119.71 CA $111 US
WORKING WITH THE ARCHANGEL RAMAELA	$92.40 CA $86 US
WORKING WITH THE ARCHANGEL ZADKIEL, LEVEL I	$119.71 CA $111 US
WORKING WITH THE ELOHIM, LEVEL I	$92.40 CA $86 US
YOUR D.N.A. AND SPIRITUAL GROWTH	$92.40 CA $86 US
ZAVIJAVA	$92.40 CA $86 US
ZODIACAL BALANCING SHAKTI, LEVEL I	$92.40 CA $86 US

Is There A More Effective Way To Be On Your Path?

(continued from page 1)

Utilizing energy is the key to physical vitality and spiritual evolution

We are surrounded by and are an intimate part of an infinite ocean of energy. This non-physical energy permeates all things, and all living things depend on it for their continued life and health. It is called Prana by the Hindus, Chi by the Chinese, Mana by the Hawaiians. Esoteric traditions of all ages have recognized that a master key to physical vitality and (through raising our vibrational rate) spiritual evolution is the ability to absorb and use this energy.

There are four key ideas about working with these cosmic energies.

1. Science defines energy as "the ability to do work" (I would rephrase this as "the ability to produce transformation") and as such, energy has the capacity to produce profound change on any level of our being—physically, emotionally, mentally and spiritually. Those taking our courses consistently report dramatic shifts in physical vitality, emotional well-being and relationships, mental clarity, their spiritual life and meditations. Often they start to notice changes after just coming to a demonstration or even just tuning in at home to our weekly transmission.
2. Unlike purely physical energies, the energies we are talking about behave intelligently. Some say they are God's gifts to us and are the carriers of divine intelligence; others prefer to say they are linked in to cosmic mind. To give one of many implications of this fact, you can use these energies to do chakra work or energy balancing that goes far beyond more commonly known methods. Just as a high speed computer can do thousands of additions per second, these energies can do many times what we can, when we rely only on our own intelligence.
3. There are many cosmic energies, not just one. Different spiritual traditions work with very different kinds of energies. For example a representative Buddhist energy and a representative Hindu energy are quite different as they have different colors, textures, do different things, etc. Just as people respond very differently to different physical energies (e.g., that in music or food), they respond differently to the energies of different traditions. This is why the S.U.N. network works with energies from different cultures and why it is good to experiment to find the one that is best for you.
4. Through a profound initiation involving a permanent empowerment of your energy field, you can acquire the ability to access energies that would otherwise take decades of meditation.

Historically these kinds of initiations were done only by gurus. Now there are organizations, like S.U.N., doing this. In all of our courses, you receive powerful energies - initiations and energy work. You can access them at any time for yourself or others through mentally directing the flow (no visualization, mantras, etc.) thereby avoiding dependence on others.

Because the energies S.U.N. works with were specifically chosen to be the most effective from hundreds of initiations I have received, you will find them to be unlike any others available to the public. We believe we are setting the standard for subtle energy work. Come to a demonstration or tune in at home to our weekly transmissions and experience them for yourself!

by Irving Feurst

Huna and The Infinite Light of Huna™

from S.U.N. Teachers, pg. 11

Hawaiian Spirituality

Known as Huna (meaning "secret"), the Hawaiian spiritual tradition places equal emphasis on connecting with your spirituality and connecting with the earth, your body, and your emotions. Rather than teaching transcendence of the physical plane, Huna teaches us to celebrate life, to merge matter and spirit.

The Huna Philosophy

Huna holds that the key to living a fulfilled life lies in the awakening and integration of your subconscious self, conscious self, and higher self. It offers us a profoundly beautiful philosophy of life centered in love and the vision of humankind, nature, and the divine as harmonious parts of a cosmic community. But Huna is not just a philosophy; more than anything else Huna is something you do. It gives us a set of practices that are simple yet, when used regularly, profoundly transformational.

Huna, Levels I to V, $105 - $305

The Spiritual Unfoldment Network teaches a sequence of classes called "Huna." The ancient Hawaiians used the word Huna to refer to a body of knowledge and the word kahuna (literally "keeper of the secret") to refer to a practitioner of that knowledge. Like all S.U.N. classes, Huna is an initiation course in which you receive powerful energies that you can then access at any time for yourself or others by mentally directing the flow (no visualization, mantras, etc.). The classes' teacher is trained in the Malaka tradition of Huna. The teacher transmits directly to the student, through permanent empowerments of the student's energy field, abilities which would otherwise take decades to develop.

The Huna system is a sequence of progressively transformative course levels. However, the sequence is so carefully designed that you can stop at any time and have a complete experience. The first level alone contains enough tools to keep you evolving for the rest of your life.

Not only are these Huna empowerments unusually powerful, the energies feel great! Many people say they feel like they've spent a week in Hawaii after using them! Come to one of our demonstrations and experience these beautiful energies for yourself.

"Huna is a wonderful spiritual experience. It not only grounds you to the earth but allows your spiritual side to soar and expand."

- Katherine, Chemist

The Infinite Light of Huna™, Levels I to III: $105 to $205

This is a three-level Huna course sequence. It focuses more directly on reaching enlightenment and is a complement to the "Huna" course sequence which offers a broad range of energy tools. While the two complement each other, the two course sequences can be taken independently of each other.

Many spiritual traditions teach that you first become enlightened in your sleep, then in your meditation, and then in your daily life. In this course sequence, you can experience ancient Hawaiian teachings and energy initiations that provide you with a complete three-level process to reach enlightenment.

In the first level, you receive an initiation that enables you to access a light that appears in your dreams and unfailingly guides you to understand and manifest your soul purpose. It also prepares you, if you wish to go on to the second level initiation.

The 2nd level empowers you to do a simple meditation to bring in a light that rewires your brain circuitry to reach enlightenment.

The 3rd level focuses on integrating the enlightened state into your daily life.

Some of the empowerments you will acquire in Huna, Level I include:

- Connecting with the Earth in a new and deeper way.
- *Melekiana* empowerment, which permanently deepens and strengthens your energy flow from just one exposure.
- *Kala* empowerment for dissolving emotional conflict at the subconscious level. You may have heard that this ancient Hawaiian technique had been lost, however it has been preserved in the Malaka tradition.
- Sending a powerful energy to yourself and others.
- A significant increase in what Huna believes are the three key qualities of the heart: the ability of your heart to give and receive love, courage, and openness to life.
- Clearing negative thought forms the Huna way.
- Linking with the heart chakra of the sun.
- The ancient and powerful Cross of Fire initiation. This works with a whole system of energy centers and channels that most people aren't even aware they have! It profoundly deepens work with the chakra and meridian systems as well as accessing transformational potential not available if we work with only the chakras and meridians.

The Power and Effectiveness of Intelligent Energy™

One of the unique and beneficial (and amazing) properties of the energies used by S.U.N. is that they are "intelligent." Many believe they are much more intelligent than the human mind or the most sophisticated computers. And, with the training provided by the S.U.N. classes, an individual is empowered to access these energies and direct them with mere "intention."

Intelligent Energy:

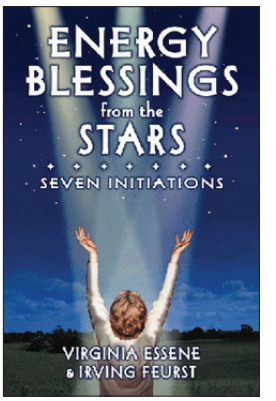
1. Can be programmed to optimize its effectiveness.
2. Becomes more effective and powerful with usage.
3. Can be calibrated to operate at variable intensities.
4. Teaches itself to be more effective.
5. Works with the individual to create more inspired ways to be used.
6. Helps connect the individual to other energies and guides.
7. Is available in an infinite number of varieties.
8. Can be used to help others or can be transmitted to them at a distance for their benefit.
9. Can be effective when used by intention or can be put on "automatic pilot."
10. Can be utilized while awake or while sleeping.
11. Works together with, and even enhances other practices.
12. Is provided by the grace of God, and works independently of any religion or belief system.

It is impossible to convey in words how extraordinary this energy really is. For a direct experience of "intelligent energy," attend one of our free introductory demonstrations, or sign up for a class.

by Byron Mandel

An Energy Portal for Receiving Transformative Initiations Directly from Spiritual Masters in Seven Star Systems

Have you ever felt the stars were calling you? Here's your opportunity to find out why.



ARCTURUS...the blessing of HOPE through which all things become possible.

POLARIS...the blessing of BREATH to help release past limitations.

PLEIADES...the blessing of LOVE to safely open your heart chakra.

VEGA...the blessing of COMPASSION to use for yourself and others.

BETELGEUSE...the blessing of SOUL AWARENESS.

RIGEL...the blessing of INTEGRATION OF MATTER WITH SPIRIT.

SIRIUS...the blessing of amplified and glorified CHRIST CONSCIOUSNESS.

"COMPANION" CD/mp3 AVAILABLE: "Transform Your Cellular Water Field" is a CD/mp3 you can order to add to the book's power. Water is actually a liquid crystal capable of holding much information and subtle energy. Every time you listen to this recording it releases an energy which enables the energy field surrounding the water in your cells, as well as the metaphysical water element in your subtle bodies, to hold more and higher vibrational energy, thereby accelerating your spiritual evolution.

COMPANION COURSES: All S.U.N. teachers can teach a special course entitled "Enhancing *Energy Blessings From The Stars*, Level 1". It will significantly increase the strength of the initiations in the book. Prerequisite: you must have completed all the initiations in the book,which take about two months. Contact a S.U.N. teacher (page 11) to schedule a time. The Level 2 class is available as an Audio Distant Course. See below for directions for ordering from the S.U.N. office.

ORDER ONLINE WITH PAYPAL at **spiritunfold.com/energyproducts.htm**

ORDER BY MAIL: Please send your order to S.U.N., P.O. Box 5900, Hercules, CA 94547 U.S.A. with a check or money order payable to S.U.N. Include your name, mailing address, phone number with area code, and an email address, in case we need to contact you.

The amounts below include tax and shipping for each item. The California (CA) price includes sales tax. The (U.S.) price is for outside of CA. Int'l is the International price.

Book: *Energy Blessings from the Stars*, $21.33 (CA), $21.95 (U.S.), Int'l: $32.95

mp3: Transform Your Cellular Water Field $13

CD: Transform Your Cellular Water Field**:** $19.15 (CA), $17.95 (U.S.), Int'l: $28.95

Audio Distant Course on CD: Enhancing *Energy Blessings from the Stars*, Level 2 *(Prerequisite: Level I, pg. 18)* $92.40 (CA), $86.00 (U.S.), Int'l: $97.00

For people outside the domestic United States: Order online by credit card or order by mail. Payments sent from other countries should be made out in U.S. dollars and drawn on a U.S. bank (international money orders in U.S. dollars are acceptable). Please refer to the above list of international prices for each item.

Drisana™

from S.U.N. Teachers, pg. 11

Drisana is an energy system of such power and sophistication that it surprises even most professional energy workers. Yet its versatility and ease of use makes it perfect for even the complete beginner to energy work. It is of Tibetan origin—the word "Drisana" itself being Sanskrit for "the daughter of the sun." Of the hundreds of energy systems into which I have been initiated, there are only a few which I use daily and, of these, Drisana is the one I use most frequently.

Like all S.U.N. classes, Drisana is an initiation class in which you receive powerful energies that you can then access at any time for yourself or others by mentally directing the flow (no visualization, complex symbols, mantras, etc.). People using Drisana consistently report dramatic shifts at all levels of their being—physical, emotional, mental, and particularly spiritual.

The Drisana system is a sequence of seven progressively transformative courses—with additional advanced courses being available for those who are prepared to receive them. However, the sequence is so carefully designed that you can stop at any time and have a complete experience. The first level alone contains enough tools to keep you evolving for the rest of your life.

Of the many unusual aspects of Drisana, there are three I would like to emphasize here:

1. Each level of Drisana contains an unusually large number of empowerments, many of which have no parallel in any other system. An example is the use of "power settings," which enable you to increase the force of not just Drisana but any subtle energy. If you have been initiated into any other energy system, you will be able to use this empowerment to run that energy more strongly than you ever have before. There's not enough space here to list all 30 empowerments in the first level of Drisana. To get a copy of this list, call one of the Active S.U.N. teachers.
2. Drisana is one of only a few energy systems in the world which work with all seven planes of reality—the physical, emotional, mental, Buddhic, atmic, monadic and cosmic. Most systems neglect the atmic and monadic. Unless we can connect deeply into all seven planes, there is some part of us which feels incomplete.
3. Drisana is the only energy system in the world that works by directly accessing the star tetrahedron shaped energy fields surrounding our six incarnational centers (also known as the six permanent atoms). Our physical body, chakras, aura, etc., are but manifestations of these fields.

Although some of the above may sound too theoretical, what Drisana can do for you—physically, emotionally, mentally, spiritually—is not. Come to one of our demonstrations and experience the results for yourself.

by Irving Feurst

Which class should I take first?

Read the Huna, Drisana™ and Miraculous Vessels descriptions on pages 7, 9, and 10. Does your intuition guide you towards one or the other? Still not sure? Attend a free Experiential Introduction (page 3), call a teacher to receive an energy sample while you are on the phone (page 11). Just the first level of either system provides the serious spiritual seeker with a complete repertoire of energy exercises for daily work on the emotional, mental and spiritual levels.

Still Undecided?

Start by taking either "Working with Your Guardian Angel for Guidance and Protection" (page 13). This helps anyone connect with their Higher Self. Or take "Your Rainbow Heart" (page 17) which helps open your heart.

About Meditation

The Spiritual Unfoldment Network considers meditation to be the key foundation of daily practice, which then can be supplemented with energy work. Meditation helps manifest our own inner divinity — that spark of God that is in all of us. We refer here to classical (or "primary") practices such as mantra, breath, or mindfulness meditation. To find a meditation group in your area glance through a New Age or spiritual magazine or browse your local Metaphysical bookstore.

Drisana™: Levels I through VII, $355 - $555

"The Drisana™ Light Body system has been like a god-send to me. I use it both for myself and others in many different situations, tremendously enriching my life...."

– J.S., San Rafael

"The Drisana™ System leaves no stone unturned when it comes to providing energetic tools in the process of personal and spiritual transformation."

– Jack Sadey

"The various attunements help me with clearing, grounding, and harmonizing my energy throughout the day so that I can better serve my clients."

– Van Nguyen, San Francisco

The Miraculous Vessels

from S.U.N. Teachers, pg. 11

What are Miraculous Vessels?

The name of this new course comes from the energy channels referred to in the Taoist and pre-Taoist traditions by such names as the miraculous vessels, the extraordinary vessels, the psychic vessels or channels, etc. One reason that has been given for the name of these channels is that they are remarkable reservoirs of energy; this energy can either be drawn upon or the vessels will hold what some traditional sources describe as virtually any amount of excess. However, the deeper reason for the title "miraculous" comes from ancient teachings about the powers which these channels can develop, much of this knowledge having been lost over the centuries. The ancient Taoists and pre-Taoists used these vessels to greatly accelerate spiritual evolution, as well as to develop various supernormal powers. Because there were abuses of these powers, the guardians of the Taoist tradition did not reinstitute the ancient teachings

"However, the deeper reason for the title "miraculous" comes from ancient teachings about the powers which these channels can develop, much of this knowledge having been lost over the centuries."

after the knowledge had died out. Through the use of S.U.N.'s star tetrahedron technology (refer to Drisana article on page 9) a new way has been found to focus on the spiritual attributes associated with these vessels, while tapping into only those special powers that are already available in other systems (such as clairvoyance and external projection of chi). Therefore S.U.N. has been commissioned by Master Yü Huang, a traditional Taoist source, to reinstitute an ancient initiatory system which makes use of these vessels.

What are the goals of this system?

There are three primary goals of this initiatory system:

(1) profound harmonization of body, mind, and spirit

(2) compassion for all sentient beings

(3) oneness and "reciprocity" with nature.

Reciprocity refers to fully developing one's ability to draw on the energies of nature for personal and spiritual evolution as well as fully developing one's abilities to send beneficial energies to nature. This system contains a number of remarkable initiations for reciprocity which have become lost, even within the Taoist tradition.

Examples of initiations

Here are some of the initiations in the first level of the Miraculous Vessels:

1. Using the Miraculous Vessels to significantly increase the amount of energy that your subtle bodies can hold. Despite the fact that I have received literally hundreds of initiations from traditions all over the world, this initiation created a huge expansion in my energy field.
2. Magnifying the power of your tantien centers through aligning them with the corresponding centers in planet earth (in Taoism these three centers are considered the most important and are located in the areas of the brow, the middle of the chest, and the lower abdomen).
3. A meditation shakti which is released by focusing on the lower tantien and which is unusually effective in integrating the etheric, emotional and mental bodies. When you use this shakti, you feel as though you were meditating with your whole body and not just your mind.
4. The "Elixir of the Gods" initiation for an inner elixir which tonifies the etheric body and in many people fosters a "golden glow" and sense of well being (the etheric body interpenetrates and vitalizes the physical body).
5. The "Rainbow Mind™" initiation, which leads to profound serenity, crystal clarity of mind, and dramatically increased control of personal chi.
6. The "Temple of the Sun" initiation, which greatly magnifies the spiritual powers of all the glands. All esoteric traditions emphasize the importance for spiritual evolution of developing the glands—this development can also significantly affect us on the physical, emotional and mental levels. (The Tibetan master Djwhal Kuhl indicates that as your glands are, so are you.) Unfortunately, many modern systems neglect the glands.

Who should take this course?

As our discussion so far would indicate, there is a significant resemblance between the philosophy and practices of the "Miraculous Vessels" system and those of Taoism. However, we want to emphasize that it is not actually a Taoist system, but rather comes from ancient knowledge which preceded Taoism and which in part led to the birth of Taoism. We also emphasize that this course should be considered by anyone with an interest in personal or spiritual development, not just by those interested in Taoism. Indeed, one of the reasons the channels known as the "Miraculous Vessels" are so extraordinary is that their development facilitates the energy work associated with many other traditions. These channels can particularly facilitate Kabbalistic energy work and ancient Egyptian energy work.

By Irving Feurst, Founder and Director

The Miraculous Vessels: Levels I - V, $105 - $305

"I feel very privileged ... Few people in the world today have the opportunity to experience these energies and have them permanently available to themselves. It is a blessing."

- Bob Winn, Albany

Receive Our FREE Sunday Transmissions at Home

Sunday Mornings 9:00 to 9:15 a.m. your local time
Sunday Evenings 9:00 to 9:15 p.m. your local time

Just as physical energies (such as radio waves) can be transmitted over a distance, so can subtle energies. Every Sunday the S.U.N. teachers do a group transmission of hundreds of different energies. You can receive these energies just by "tuning in," i.e., by wanting to and being aware. Because the energies can be transmitted on a "time delay basis," you can do this according to your local time as described in the box above. It is not necessary to be in any special state of consciousness, though it does help to get into your quiet, inner space or to be in a meditative state.

Because we are transmitting hundreds of energies and because you can only absorb so much energy at one time, **it is very important that you ask your higher self to select the energies that are best for you**.

There are two purposes for this transmission. It is part of our philosophy of providing ongoing support (for those who wish it) to people who have taken our courses. It is also a way to introduce our work to those who aren't yet familiar with it. If you are among the latter and enjoy the energies, we invite you to come to a free talk or take a class.

Receive Our FREE Monday Christ Consciousness Transmissions at Home

Monday Mornings 9:00 to 9:30 a.m. your local time
Monday Evenings 9:00 to 9:30 p.m. your local time

In addition to the weekly Sunday transmissions described above, which come from S.U.N. teachers, there are weekly Monday transmissions, which come from solar angel of Irving Feurst, the S.U.N. network founder and director. The purpose is to give you a flavor of what the full state of Christ Consciousness is. This state is your natural birthright and not associated with any particular religion. It can take years to fully achieve Christ Consciousness so we suggest you tune in regularly; and you are invited to take the Christ Consciousness series. To receive the free transmissions, just tune in. Try it weekly for 3-6 months and notice any changes. These transmissions are also intended as ongoing support for those who have taken S.U.N. Christ Consciousness courses. The first in the course series is "Christ Consciousness: Birthing Your Christ Body, Level I". *For more information about the series, see page 14.*

S.U.N. Teacher Directory

The following is a complete list of certified S.U.N. teachers. They have all had a minimum of a year of intense private and in-class training with Irving Feurst, the founder and director of S.U.N. They are among the most accomplished energy workers anywhere!

Active S.U.N. Teachers

S.U.N. Office (Hercules, CA).....510 245-3838
Mary Berg (Half Moon Bay, CA).....650 998-9719
Christine Clements*☼ (Berkeley, CA).....510 245-3838
Ira Hilf*☼ (Las Vegas, NV).....702 750-9020
Katharine Hilf*☼ (Las Vegas, NV).....702 750-9020
Anni Law*☼ (Petaluma, CA).....707 888-6887
Petya Lowe* (Tokyo, Japan).....+81 (0)9061074968
Loretta Metzger*☼ (Walnut Creek, CA).....925 954-7908
Michael Quirke* (San Francisco, CA).....415 820-3943
Keith Rector*☼ (Reno, NV).....831 479-3296
Marcie Rose (Santa Cruz/L.A., CA).....831 297-0320
Gabriel Sakakeeny (Nevada City, CA).....707 484-5448
Margo Shimasaki (Humboldt Cnty, CA).....707 826-7356
Carol Singler*☼ (Occidental, CA).....707 874-3995
Philmore Steele* (San Francisco, CA).....415 339-8309
Hari Tahil* (Tokyo, Japan).....+81 (0)80 5069 1714
Fran Tielemans*☼ (Belgium).....322051 697571
Susie Wasserman* (Milwaukee, WI).....414 961-0649
Ursula Weltman*☼ (Minneapolis, MN).....612 788-6348
Laura Zealey*☼ (Cambridge, UK).....44 01223 833037

Inactive S.U.N. Teachers

Gil Chasin*.....(LA, SD, SB, OC, CA)
Carlotta Christy.....(Charlestown, RI)
Chris Deefholts.....(Welshpool, Wales)
S.B. Meridian.....(Berkeley, CA)
Shoadire Sheppard*☼.....(Jamaica, NY)
Jean Sibley*.....(Capitola, Berkeley, CA)
Rose Tait*.....(V. Turnovo, Bulgaria)
A. S. Tynan.....(Petaluma, CA)

Teachers whose names are followed by an asterisk are certified to teach courses marked *, as well as the unmarked courses. Teachers' names followed by a ☼ are certified to teach courses so marked in addition. Courses marked with ** are given by Irving's solar angel.

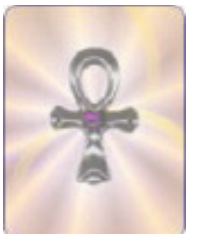
Class Registration

1. Contact a teacher by referring to the Teacher Directory above.
2. Arrange a convenient time with your teacher.
3. Arrange payment with your teacher.

Newly Enhanced: The Ankh of Transformation™

Bringing You the Benefits of Egyptian Energies *and* Christ Consciousness in One Energy Tool!

Working together, the angelic realm and Irving Feurst have made S.U.N.'s Ankh of Transformation far more powerful and it does many more things! Previously used mostly with Khu, the Egyptian Mystery School energies, it can now also be used to help you deeply develop Christ Consciousness and your Christ subtle body. (See information about Christ Consciousness courses on Page 14).



Hand-crafted 7/8 inch silver Ankh, with amethyst stone & 24 inch sterling silver chain

About The Christ Consciousness Connection

Christ Consciousness and the associated Christ Subtle Body are the universal evolutionary heritage of humanity. They should not be seen as belonging to Christianity alone. Christ Consciousness is an interrelated complex of traits but at heart it is love of God, your fellow humans, the Earth and all her inhabitants as a result of continuous union with God.

The cross was used as a religious symbol in the ancient world before Christianity ever existed. The ancient Egyptian concepts of enlightenment and Christ Consciousness have key traits in common. One example, besides unconditional love, is balance between our masculine and feminine nature. Jesus was balanced. His unconditional love was more feminine; an example of his more masculine side is forcefully ejecting the money changers from the temple.

One symbolism of the ankh is balance between our masculine and feminine. The left half of the ankh represents the left half of our body and our inner feminine. The right half of the ankh corresponds to the right side of our body and our inner masculine. Appropriately, holding the ankh between your palms briefly balances you energetically left and right as well your inner feminine and masculine.

Most of us have shields that have formed over our heart and heart chakras due to life experiences. Over time, the Ankh supportively dissolves these barriers, enabling you to give and receive more love.

The Ankh Will

- Balance your energy flow, left and right plus inner feminine and masculine
- Speed up the "Divinization of Matter"
- Supportively dissolve shields around your heart and heart chakra enriching your relationships with others, God, spiritual guides and nature
- Facilitate experiencing universal, unconditional love
- Bring the energies of the soul and the I Am presence (monad) deeply into your body, cells, and DNA
- Clear negative emotional and mental energies from your aura, cells, and DNA
- Clear negative energies from your food and water and raise their vibrational rate
- Accelerate the evolution of your chakra system
- Enable you to do a Christ Consciousness meditation that becomes more powerful the more you do it
- Become a little more transformed every time you receive a Monday Christ Consciousness transmission (see page 11). As you grow, each of the Anhk's powers increases.

Order online with PayPal at **spiritunfold.com/energyproducts.htm** *or* send your contact information (phone, postal and email addresses) with a U.S. check payable to S.U.N., to: **S.U.N., P.O. Box 5900, Hercules, CA 94547, U.S.**: (CA $62.50 with tax & shipping/U.S. Non-CA $60/International $71)

S.U.N. Disclaimers

1. S.U.N. makes no medical claims for any of our work. Although historically one of the reasons people have worked with shakti is because of a belief some energies can heal, S.U.N. makes no medical claims. No statement made by S.U.N. materials, teachers or students should be interpreted as making or implying a medical claim, in whole or in part.

   When we use the word "heal" we do so in a spiritual sense, not a medical sense – even if we do not state so explicitly for every single use. The words "heal" and "whole" come from the same Old English root. To be healed spiritually with respect to an issue is to become whole with respect to that issue. For example, it may involve not a cure but being at peace with the fact that there is no cure.

   If you have a medical condition, please seek the advice of a licensed health practitioner. In no case should S.U.N. practices or statements made by S.U.N. materials, teachers or students contribute to the delay or omission of appropriate medical treatment.

2. S.U.N. prides itself on making available energies that are not only extraordinarily effective but also extraordinarily safe. However, we do not assume responsibility for the effects of any S.U.N. initiations or any practices coming from S.U.N. materials, teachers or students.

   It is S.U.N. policy that the above statements be presented in each issue of our newsletter, at the front of materials for each class, at all S.U.N. talks and demonstrations, and at the beginning of individual work with any S.U.N. teacher.
   It will be assumed that anyone participating in a class or individual work is familiar with and accepts these statements.

The World of Angels

from S.U.N. Teachers, pg. 11

Angels are real. Working with them opens a realm of possibilities that cannot be accessed in any other way. Angels can help you to achieve your life purpose, feel more alive, open your heart, live your dreams and understand Life more fully than you ever imagined. To work deeply with angels you must understand their true nature and purpose; you need to see through the many myths that exist in the popular literature.

What are angels? First of all, angels are not dead people with wings! They are a separate class of spiritual beings. The word "angel" comes from a Greek word meaning "messenger' and that is exactly what they are—emissaries from the realm of the Divine. As such their primary purpose is to help us in our personal and (particularly) spiritual evolution. Angels are not here just to make our life more comfortable—they are not cosmic vending machines! On the other hand, most traditional ways of thinking about angels fail to understand the many down to earth ways that angels will help us.

How do angels accomplish their work? Angels expect you to do some of the work; they will work with you but not for you. Angels have the power to affect events in the external world but their preference is to help you change yourself. For example, an angel can help you work through internal blocks to prosperity or inspire you to create new life circumstances.

Angels help you primarily in two ways: by sending you information and by doing very advanced energy work with you.In doing energy work, an angel will use what is called a shakti, an energy that is the carrier of divine intelligence. For more information about what a shakti is, see the article on the front page. Anyone can receive help from angels but you will get the most benefit if you either can tune in directly to the information or are sensitive to subtle energy. (See the "Take this Test" box on page 14).

How do you attract angels into your life? One does not attract angels into one's life by using "magical" words or symbols, by wearing certain color clothes, etc. Angels are spiritual beings. If it is appropriate for an angel to work with you, all you have to do is ask.

So what determines appropriateness? The complete answer to that question, like other questions about the divine plan, is one of life's mysteries. But certain things are clear. You must be sincere. Angels will not help you to accomplish things which will harm yourself or others. You must also be emotionally and spiritually mature enough to benefit from the angel's help.

While it is not a requirement that you read a book or go to a class, taking a class can help you get the most out of your relationship with the angel. Also, certain kinds of work do require being initiated by another person. One reason for this is that grounding the energies of certain initiations in a human energy field requires the freely given cooperation of a teacher, such as a S.U.N. teacher, who has been trained in very specific star tetrahedron techniques.

Why take a S.U.N. angel class? Although there are many excellent angel classes, S.U.N. angel classes are not quite like any others.

To begin with, they are designed to benefit everyone from those who aren't yet sure that angels even exist to those who have worked with angels for many years. Although anyone can take our classes, you will benefit the most if you either can tune in directly to the information the angels send you or you can feel subtle energy. (See "Take this Test" on page 14.) Certainly there is information in our angel classes, but the most important part of the classes are the initiations you receive. Different initiations do different things, including permanently transforming your energy body so that the angels can do deeper work on you and giving you energetic tools from the angels that you can use in an ongoing way to work on yourself or others. The initiations that you receive in S.U.N. classes are among the most powerful available. Even people who themselves teach angel classes have been astonished at how transformative our classes are!

S.U.N. Angel Classes, $65 each:

WORKING WITH YOUR GUARDIAN ANGEL FOR GUIDANCE & PROTECTION: Learning to work closely with your guardian angel is one of the most important and life-changing steps you can take. This course contains specific information useful to everyone, from those who aren't convinced yet they have a guardian angel, to those who are already expert at this kind of work and are ready to learn methods previously available only in certain mystery schools. (From teachers or spiritunfold.com/classes.htm)

WORKING WITH THE ANGEL OF ABUNDANCE: "Abundance" refers to all forms of abundance, not only to financial abundance. In this life-changing course, receive attunements designed by the angel to become more abundant, to increase your ability to communicate with and receive energy from this angel, and enable you to benefit more from an ongoing relationship with the angel.

WORKING WITH THE ANGEL OF CREATIVE WISDOM: This angel can help you manifest higher mind in your life in a very practical, creative way. It can increase your ability to work with any other guides. Its ultimate goal is to enable you to embody Higher Mind as a natural, spontaneous overflowing of the Godhead.

WORKING WITH THE ANGEL OF POWER & INTEGRITY*: The true source of our power (power "to" not power "over") and integrity is the Divine. Greater access to this source is blocked by the ego, which taps in only partially and tries to convince us it is the originator. The solution is not to "destroy" the ego but to make it more transparent, to see through it and to let in more light. In this class you will begin a 7-day Dissolution of the Persona Initiation and a 21-day Transformation of the Ego Initiation, which come from and will be overseen by the angel.

WORKING WITH THE ANGEL OF UNCONDITIONAL LOVE & FREEDOM: Permanently transform the ability of your heart to give and receive love with personalized energy work and ancient mystery school initiations from this extraordinarily beautiful and powerful angel.

The World of Angels - Take this Test

Our classes are designed to be of benefit to anyone, but to see if you are one of those who will get the most from them (or if the angels are advising you to do one), take this simple test. Many of the very powerful angels S.U.N. works with have agreed to help anyone who sincerely does this.

1. Take five minutes to prepare yourself for the steps below. Relax. Examine your motives for working with angels. Release any preconceptions you have about working with angels. Be open to new experiences!
2. Ask the angel to take five minutes to introduce itself to you and to reveal itself to you in whatever way is most appropriate for you. Don't expect the angel to materialize in the room; this seldom happens. Instead the angel may send you a mental image. The image need not look like a traditional angel; it could take whatever form is right for you. Or you may sense the energy field of the angel. Or just feel a presence, perhaps in your heart. The angel may send you information, but leave it up to the angel to decide if this is best.
3. Ask the angel to do five minutes of whatever energy work is most appropriate. Let the angel decide what is best.

If you have a significant experience in either step 2 or step 3, you are particularly likely to benefit from a S.U.N. angel class. If you're not sure what to make of the results, contact a S.U.N. teacher (page 11) with your questions.

Christ Consciousness: Birthing Your Christ Body, Level I™

This is one of the most important class sequences S.U.N. has offered.

Christ Consciousness and the associated Christ subtle body are the universal evolutionary heritage of humanity. They should not be seen as belonging to Christianity alone or indeed any particular belief system.

You receive energy work which begins the process of forming your Christ body (or greatly accelerates that process if it has already begun for you). After that, your Christ body will continue to grow through channel building, spiritually oriented meditation, experiencing love, service to make the world a better place, etc.

This initiation includes the "mystic marriage" between the pituitary and pineal. The womb of the Christ body is the third ventricle of the brain. During the initiation, the third ventricle overflows with light which spreads to the central channel beginning the transformation of your etheric body starting with your chakras and eventually spreading to your cells and DNA. You will experience the world as if through the eyes and heart of God.

This course is part of a S.U.N. series including "Christ Consciousness: Birthing Your Christ Body, Level I", "Christ Consciousness: Experiencing Your Christ Self", and from "Christ Consciousness: Birthing Your Christ Body, Level II to Level XXX.

To Order: Go to **spiritunfold.com/christconsciousness.htm** or send your contact information, phone, postal and email addresses with a U.S. check for $80 per person to: S.U.N., P.O. Box 5900, Hercules, CA 94547 U.S.

A Series of Distant Lessons Available: The Mysteries of Nephthys™

In the Egyptian pantheon, Nephthys is the sister of Isis. She has been called "The Hidden One," "Goddess of Sleep," and the "Lady of the Mansion." She is associated with emotions, the deep waters of the unconscious, the shadow and with sacred geometry.

This comprehensive system of 267 lessons is available as a distant course and may be started at any time. The system will develop the hidden power and abilities of your chakras, help you learn to see the sacred in ordinary life, make full use of your dreams for personal and spiritual growth, and form or strengthen a new subtle body that accelerates personality/soul fusion. You will also receive energy initiations and information during your sleep that will quicken the time it takes to reach full enlightenment. Another emphasis will be the bringing in of Central Sun frequencies.

Take the first class to find out if the series is for you. There is no prerequisite to take the first class. Each level after that builds on all the previous ones. This sequence is compatible with any other S.U.N. energy work you may be doing, including Khu, The Egyptian Mystery School.

The Egyptian Mystery School sequences are, in my opinion, some of the most potent and unusual energy work in the world today.

by Irving Feurst

To order the Mysteries of Nephthys™ at a Distance

You can receive the attunements and a handout by mail or email (not an audio class). An enrollment form is required.

Order online: Complete the enrollment form and pay at spiritunfold.com/mysteriesofnephthys.htm.

Order by mail: Please write S.U.N. to request the enrollment form, enclosing an $80 check made out to S.U.N. with your name, address, email, and telephone number:

S.U.N.
P.O. Box 5900
Hercules, CA 94547 U.S.

Want FREE Monthly S.U.N. Email Updates?
Sign up for Constant Contact
Contact us at: info@spiritunfold.com
In subject line put:
"Add me to Constant Contact"

The Essene Dove™

from S.U.N. Teachers, pg. 11

What is the Essene Dove?

For the universe to exist as a unified whole, there must be an energy that ties together all of its many parts. The Dove is the energy that interconnects all levels of reality. Through meditation the Essenes tuned in to this energy and learned how to direct it. In the way that a dove can hover over its nest and yet return to it at any time, the Dove energy can empower your consciousness to easily travel to any level of reality and then return to everyday life. Because the Dove interconnects all levels of reality, it can be used to unify your human and divine natures. There are many forms of Dove energy in the Western Mystery School tradition; the Essene Dove is the most pure and potent form of this beautiful and life-transforming energy. The Essene Dove activates your full potential as a divine being, a being created in the image of God.

How Can the Dove Help You?

The Essene Dove can bring you many different gifts. It works in conjunction with your own higher self to determine which it will bring you. Here are some commonly experienced benefits:

- The Essene Dove can give you dramatic feelings of awakening to your true identity of being one with God. The Dove can help you to experience God as a living presence, radiating love from every point of the universe.
- The Dove empowers your consciousness to easily travel to many realms including the higher spiritual planes and other dimensions. The Dove can move you in an instant from being aware of your body to being aware of the whole earth and even our galaxy. You could also travel instantly to smaller levels, becoming aware of your cells and your DNA.
- The Dove creates a new subtle body (called by the Essenes "the ark of light"). When you are meditating or dreaming, this subtle body can travel to "celestial academies" where you can receive profound energy initiations. This kind of travel is both safer and more transformative than astral body travel.
- The Dove energy helps you see beyond the confines of space, time and matter. Some say it was the secret empowering a number of the biblical prophets. Some people find the Dove dramatically increases their clairvoyant ability. Those with merkaba initiations may experience them more powerfully.
- The energy of the Essene Dove helps you develop many desirable qualities and particularly fosters deep serenity, courage, and joy.
- The Dove strengthens your connection to your Higher Mind. This gives you a higher form of knowing that proceeds directly from your divine identity, and from being inextricably intertwined with all that is.
- The Dove helps you understand the inner working of the universe and of your role in it. It enables you to experience your soul purpose as a living reality and to know the exact details of how to implement it.
- The Dove brings lightening like flashes of energy into the chakras, dramatically accelerating their evolution. Clairaudients can hear a hum in the chakras much like that of a powerful engine.

by Irving Feurst, Founder and Director

The Essene Dove $155

ESSENE DOVE AMPLIFICATIONS

Once you have taken the Essene Dove class you can receive this energy work every Monday.

Send the application in the class handout with $15 per month to the following address. Make your check payable to "S.U.N.".

Spiritual Unfoldment Network
P.O. Box 5900
Hercules, CA 94547 U.S.

"The seven people at our Reiki get-together tuned in to your weekly transmission last Sunday night, and we all had sensations, images, (e.g., a white Pegasus) or messages ('Be like a mountain. Quit moving around and put down roots.'). We were grateful for your transmission and will tune in again."

– Donna MacMillan

Other Classes

from S.U.N. Teachers, pg. 11

Angelic Opening & Shielding of the Base Chakra, Levels I* & II* $80

This initiation from the angelic kingdom results in a truly profound opening of the base chakra. A common problem with getting the base chakra open is that it clses down again as soon as we encounter the stresses of daily living. This initiation also places a shield around the base chakra that protects you from negative influences in your environment. A remarkable property of the shield is that, rather than causing you to feel separate from your environment, it actually helps you feel more connected to life. In this series, *Level I courses are prerequisite for the Level II classes.*

Angelic Opening & Shielding of the Brow Chakra, Levels I* & II* $80

Same course content as "Angelic Opening and Shielding of the Base Chakra" (above), but for opening the brow chakra.

Angelic Opening & Shielding of the Crown Chakra, Levels I* & II* $80

Same course content as "Angelic Opening and Shielding of the Base Chakra" (above), but for opening the crown chakra.

Angelic Opening & Shielding of the Heart Chakra, Levels I* & II* $80

Same course content as "Angelic Opening and Shielding of the Base Chakra" (above), but for opening the heart chakra.

Angelic Opening & Shielding of the Second Chakra, Levels I* & II* $80

Same course content as "Angelic Opening and Shielding of the Base Chakra" (above), but for opening the second chakra.

Angelic Opening & Shielding of the Solar Plexus Chakra, Levels I* & II* $80

Same course content as "Angelic Opening and Shielding of the Base Chakra" (above), but for opening the solar plexus chakra.

Angelic Opening & Shielding of the Throat Chakra, Levels I* & II* $80

Same course content as "Angelic Opening and Shielding of the Base Chakra" (above), but for opening the throat chakra.

Awakening Your Pineal Gland, Levels I* & II* $80

Your pineal gland has many key metaphysical and spiritual functions — including clairvoyance, linking you to your Higher Self, and accessing advanced states of consciousness. This initiation uses a beautiful golden energy to permanently heighten functioning of your pineal. *Level I is a prerequisite for Level II.*

WANT A CLASS THAT'S NOT LISTED NEAR YOU?

Call a S.U.N. teacher to arrange the course you want. Most teach distant classes. See the S.U.N. Teacher Directory on page 11. Emails are listed on our website at spiritunfold.com/teachers.htm.

The Bliss of Osiris, Level I $255

This ancient Egyptian initiation empowers you to access a wondrous, beautiful energy, leading to the highest meditative absorption in God. It is more balanced than most Eastern energies used for this purpose and it grounds divine bliss throughout the body, leading to states of vibrant, sensual aliveness.

The Bliss of Osiris, Level II* $355

The Bliss of Osiris, Level II initiation makes all applications of the previous initiation significantly more powerful. It gives you specific techniques for using The Bliss of Osiris as tantric sex shakti and as a dream shakti, facilitating lucid dreaming and enabling you to access profoundly beautiful and enlightening energies while asleep. *Level I is a prerequisite for Bliss of Osiris II.*

Building Your Antahkarana* $80

The antahkarana is the link between your personality and your higher self; it is composed of matter from the higher mental planes. Anyone who has engaged in any spiritual practices has worked at building their antahkarana, whether they realized it or not. However, you can only go so far in your spiritual evolution without working at this consciously. This course contains attunements for strengthening the antahkarana and specific procedures hidden "between the lines" in the Bailey writings.

Crystal Empowerment $55

To take this class, you need not have any previous experience working with crystals or gemstones, however it is essential that you be able to feel crystal energy. Through empowerments of your energy field, you will become able to magnify tenfold the energy field of a crystal or gemstone. You will have entirely new ways of: clearing and programming crystals, contacting your higher self, and making gem stone elixirs. ***Please bring a singly terminated quartz crystal and several favorite gemstones.***

Empowering the Lord's Prayer $80

Many students of Eastern traditions are surprised to find that recitation of the Lord's Prayer brings in an energy every bit as powerful as the energies brought in by the mantras of those traditions. Jesus was heir to the Kabbalistic tradition of Jewish mysticism and the energy brought in by the Lord's Prayer is a beautiful variation of a classic Kabbalistic energy. It is not necessary for anyone to take this course in order to bring in the energy, however receiving the initiation multiplies the power of the energy manyfold (just as receiving the initiation for an Eastern mantra makes it "jagrata" or "awakened" and increases its power manyfold). Jesus gave this same initiation to his twelve disciples. It brings in an energy which opens the heart and brings one closer to God.

Enhancing Energy Blessings from the Stars, Level I $60

This course significantly increases the effectiveness of all the initiations in the book *Energy Blessings from the Stars*. Like the initiations in the book, the initiations in this course are autonomous (self-activating). *See page 8 for a description of the book. Prerequisite: You must have completed all the initiations in the book (which take about two months). Level II is available from the S.U.N. office.*

Experiencing Your Heart's Desire $55

Do you have a dream that you have never acted on? Have you ever worked hard to get something, only to realize that it wasn't what you really wanted after all? Are you undecided about what you want or the best way to get it? The initiations in this course significantly increase your ability to identify your innermost desires and to go after them.

Other Classes

from S.U.N. Teachers, pg. 11

Kundalini Water $45

This course empowers you to charge water with an energy that activates kundalini in a very powerful but completely safe way. The presence of the water balances the fire of the kundalini, preventing problems which often arise from kundalini. The water also enables the kundalini energy to be carried deeper into the structure of the cell than is typically the case.

Mantra Angels $65

In this course one of the great secrets of how mantras work will be revealed, namely the existence of mantra angels. These angels are now ready to systematically begin empowering mantras in a deeper way than done previously. You will be introduced to how mantra angels work and receive empowerments for three classical mantras: Om, Om Namah Shivaya, and Om Mani Padme Hum.

The Meridian Flush, Levels I & II* $80

An activatable attunement (for yourself or others) that runs for 5 hours straight and does the most thorough job of clearing the meridians of anything we know. *Level I is a prerequisite for Level II.*

Moving Towards Freedom, Level I $105

A continuous transmission of a very unusual energy. One exposure to this energy results in a permanent 30% reduction in the strength of one's negative patterns. The energy works by reducing the strength of the impulses going from the etheric brain to the nervous system when the pattern becomes active.

Nectar of the Sphinx $80

This initiation from one of the three primary ancient Egyptian mystery schools enables you to send out from your heart chakra a "plum-like" nectar which spreads throughout the physical and subtle bodies, dispelling fear-based emotions and thoughts. In ancient times it was said that those who had this initiation, over time, became literally fearless.

Neriya, Levels I – V* $405–$605

Drisana is the most comprehensive energy system available to the public today. Neriya accelerates spiritual evolution more than any other system currently available. *Drisana III is a Prerequisite.*

Phoenix Rising, Level I $80

This mythical Egyptian bird has become a symbol of long life and even immortality. Although the bird itself is mythical, its esoteric reference is to an energy which is quite real. No, we're not promising you immortality! However, since ancient times there have been extraordinary stories of the rejuvenatory power of these energies. Clairvoyant observations and personal feedback convince us these stories are substantially true. If you take the class, you can decide for yourself!

Phoenix Rising, Level II* $105

Strengthens all the attunements from Phoenix Rising I. Requires no new practices. *Level I is a prerequisite for Level II.*

S.U.N.

Spiritual Unfoldment Network
P.O. Box 5900
Hercules, CA 94547 U.S.A.
spiritunfold.com

The Power and Mystery of Gayatri $80

Called "the Sound of Light," the Gayatri mantra has for thousands of years been considered the most sacred of all mantras in Hinduism. In this class you will be initiated into an extraordinary system of total transformation based on the Gayatri mantra. Through S.U.N. this system is now being taught outside of India for the first time.

The Red Ankh, Levels I & II* $65

This is an ancient Egyptian initiation for developing spiritual clairvoyance. Compared to ordinary clairvoyance, fully developed spiritual clairvoyance allows you to see all the frequencies of subtle energy. *Level I is a prerequisite for Level II.*

Releasing Past Life Karma* $80

Most work on releasing the influences of past lives focuses on the recall of dramatic events. In reality, what is most important is neither recall nor working with dramatic episodes but the energetic release of the samskara—a Sanskrit term meaning the limiting influences on our thoughts, feelings and actions built up through many past lives. This course gives you a comprehensive system for working with your samskara as they are ready to release.

The Twelve Ray Energy System* $405

All energies are some combination of the twelve rays of creation. Usually the ray proportions are fixed. In this system the ray proportions can shift significantly and so it is one of the most unusual and useful energy systems you will ever experience! This system can be used to permanently increase the strength of any other subtle energy or subtle energy product.

Working with Planetary Triangles, Level I $80

The most effective way to tap into the energies of the planets is to work with them in groups of three (the groupings being determined by their esoteric ray alignments). In this course you will receive unusually potent initiations for bringing in and grounding the energies of ten planetary triangles—including those for manifestation, balancing male and female energy, realizing your soul purpose, releasing past life karma, and clairvoyance. You will also receive initiations for working with the angels associated with the planets. *Level II is an Distant Audio course, see the S.U.N. website.*

Your Rainbow Heart $55

An extraordinary energy system with activatable attunements for developing seven key qualities of heart: love, joy, compassion, courage, zest, faith and serenity. These beautiful, deeply fulfilling rainbow energies can be used for yourself or up to a roomful of others. The system comes from Tara, the Tibetan benefactress.

To arrange Other Classes, consult page 11 for certified S.U.N. teachers other than Irving.

S.U.N. *Free* Transmissions and Course for Anxiety:

Receive free initiations for compassion, calmness, courage, emotional processing and a primary meditation. (Simply request "**Living Gracefully in Time of Covid-19**" from **sif@spiritunfold.com** for a handout with instructions to receive the initiations.)