

S.U.N.

Spiritual
Unfoldment
Network™

CHECK OUT OUR WEB SITE ! www.spiritunfold.com

A TRIANNUAL NEWSLETTER OF TRANSFORMATIONAL WORKSHOPS

JANUARY, FEBRUARY, MARCH, APRIL 2012

NEW! ENHANCED CLASSICS ON CD!!

Five new courses are available January 2012:

- ◆ ACTIVATING YOUR THYMUS CHAKRA
- ◆ COSMIC HEART INITIATION
- ◆ EMBODYING YOUR SOUL NOTE
- ◆ EMPOWERING THE BIJA MANTRAS
- ◆ YOUR D.N.A. AND SPIRITUAL GROWTH

See pages 4 and 5 for descriptions and how to order.



DISTANT COURSES:
**“THE MYSTERIES OF
NEPHTHYS”™ AND
8 NEW WORKSHOPS!**

**DISTANT TRANSMISSIONS
CAN BE TAKEN AT ANY TIME**

See page 12 for information about “Nephtys”
and page 20 for the New Distant Workshops.

Is There A More Effective Way To Be On Your Path?

If you’re like most people who read our newsletter, you have a sincere interest in personal or spiritual growth and you’re open to the possibility of techniques that will assist you to progress faster. This article describes methods which have been used successfully in esoteric traditions for thousands of years, yet are only now starting to become known in our own culture. I have seen these methods create changes not achievable by any other method—changes in my own life and in the lives of thousands who have taken our workshops. *(continued on page 9)*

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What is the S.U.N. Network?

The **Spiritual Unfoldment Network** is an international non-denominational spiritually oriented network of teachers dedicated to making esoteric energy work from all major spiritual traditions available to the public. Our goal is to assist people in progressing more effectively on their personal spiritual path, at their own pace, without prescribing what that path must be.



A Note from the Founder:

Welcome to the Spiritual Unfoldment Network Newsletter

S.U.N.'s work is founded on two premises:

(1) The truth is inside you; what you seek lies not outside of you but within the treasure chest of your own heart. In the Dhammapadam the Buddha says, "The way is not in the sky, The way is in the heart." In the Gospel According to Luke, Jesus says "The kingdom of God is not coming with things that can be observed; nor will they say, 'Look, here it is!' or 'There it is!' For in fact, the kingdom of God is within you."

(2) The many beautiful shaktis (spiritual energies) which the Divine has given us are master keys to unlocking that treasure chest. When we say "spiritual energy," we are talking not about something abstract but about transforming the quality of our lives moment to moment, about integrating matter and spirit in our daily lives.

People respond differently to various traditions. It is our hope that by making available energies from the world's great spiritual traditions, you can find the key that best unlocks your own treasure chest.

Best Wishes,
Irving Feurst, Founder and Director

About Irving Feurst:

Irving founded S.U.N. sixteen years ago after his life was transformed by shakti initiation. Irving was so enriched by these spiritual experiences that he is devoting his life to making shakti initiations available to others.

Irving is also the founder and director of Khu, the Egyptian Mystery School, (www.egyptianmysteryschool.com), a long distance spiritual program with monthly energy initiations and written lessons.

For a brief explanation of energy, see the article "Is There A More Effective Way To Be On Your Path?" on page 1 and "Intelligent Energy" on page 7. For more biographical information about Irving, see chapter 1 of the book *Energy Blessings From The Stars* by Virginia Essene and Irving Feurst. For a longer introduction about energy, see chapter 2 of the book. See page 7 of this newsletter to order the book.

Why Take a S.U.N. Network Class?

S.U.N. Network classes are unique in their variety and transformative power. People at all levels of experience attend our classes—from complete beginners to professional energy workers. Students receive "attunements" which are permanent empowerments of their subtle energy field. This is what gives them the capability to do the "work."

• • •

Many teachers are located in the San Francisco Bay Area, as well as throughout the United States, and in Europe and Asia. Our expansion plans call for teachers in more locations in the United States and in additional countries. On a triannual basis, over 200 classes and demonstrations are offered at convenient times on various evenings and weekends.

• • •

Classes are very modestly priced with most introductory seminars starting at under \$100 for a full day. (Angel classes always cost \$75 or less). Even our advanced classes cost much less than those of the few comparable organizations doing this level of work. Some topics are completely covered in just one class, while others are part of a series which can be taken over several months or years.

• • •

Each student is given personalized instruction and a workbook which guides the student in practice at home. Practice can be for whatever amount of time desired and progress is made accordingly. This can range from 15–20 minutes 3–4 times per week to as much as several hours each day. Optionally, guidance from our teachers, individual sessions, and free group meetings are available.

• • •

Even taking the first course in a series is a complete training of its own and will provide the student with opportunities for a lifetime of practice. New classes are being offered on a triannual basis to expand the selection and to provide experiences that more closely match the ever-changing needs of the students.

In the S.U.N. workshops you will:

- Accelerate your transformation at every level of your being: physical, emotional, mental, and spiritual—beyond what you have believed was possible.
- Receive powerful initiations ("shakti").
- Direct energy purely by intention to create the desired experience.
- Release blocks which prevent you from manifesting your true nature.
- Directly experience the love of the God within you.
- Become connected in a very deep way with higher guidance: angels, guides and your Higher Self.
- Use S.U.N. teachings to enhance other abilities you may have acquired in the past or might obtain in the future (such as Reiki, NLP, visualization, meditation, etc.).
- Prepare yourself to go on to advanced work if desired. (But at no time will you ever be pressured to do so.)



*A Little of Your Time
Could Be
A Big Investment
In Your LIFE!*

Attending a S.U.N. Free Introductory Evening could be the beginning of a major positive change in your life. Many people have reported experiencing profound benefits from the energies and practices introduced to them through the S.U.N. Network. And it's so easy to see if this work is for you.

The first thing to know is that no one at S.U.N. will attempt to sell you or convince you of anything. The introductory evenings are designed to let you experience firsthand what this work is about, and you can decide for yourself.

Whether you are newly interested in subtle energies or have been working with them for a while, we believe you will find that S.U.N. is at the leading edge in this field. As you look over this newsletter, you may find a workshop that is of particular interest to you. Attending a free "Introduction to S.U.N. Workshops" with the teacher who will be giving that workshop is a simple, comfortable way to determine what that and other workshops have to offer you. To find out where these introductory evenings will be held, call the teacher. (See the Teacher Directory on page 11.)

S.U.N. Network is not associated with any particular religion, but draws meaning from many of the powerful spiritual practices around the world throughout history. Whatever your chosen path, this work can help you along your way. If you feel an impulse to see what this is all about, mark your calendar now for the date you want to attend! It could be a turning point in your life.

You are invited to our Free Introductory Workshops

Transforming Yourself With S.U.N. Energy: an Experiential Introduction

S.U.N. teachers give talks explaining energy work and providing an overview of our unique workshops. Come experience these transformative energies for yourself! **For directions to talks, or to arrange talks at times or locations other than those listed, call your nearest teacher.** (See the Teachers' Directory on page 11.)

Some teachers prefer to schedule Introduction to S.U.N. Workshops and Energy Meetings when they are contacted rather than in advance, and some teachers schedule more of these than can be listed in the newsletter. However, the S.U.N. office does not maintain lists of these other events. Please call the teachers listed on page 11 if you are interested!

Introduction to S.U.N. Workshops (Free)

Friday	January 6	7 pm – 8:30 pm	New York, NY	Metzger
Friday	February 3	7 pm – 8:30 pm	New York, NY	Metzger
Friday	March 9	7 pm – 8:30 pm	New York, NY	Metzger
Wednesday	April 11	7 pm – 9 pm	Walnut Crk, CA	Sadey
Friday	April 13	7 pm – 8:30 pm	New York, NY	Metzger
Last Wednesday	Monthly	7 pm – 9 pm	Tokyo, Japan	Tahil

S.U.N. Energy Meetings

Some S.U.N. teachers hold Energy Meetings on a regular basis. These meetings are to further your understanding and practice of energy work you are learning in S.U.N. workshops. Participants practice using new S.U.N. skills, i.e. practicing energy work on each other. We also meditate, answer questions and discuss spiritual problems you might be having. Lastly, this is a place to meet and socialize with others who share common interests. Attend an energy meeting facilitated by S.U.N. teachers.

The following are just some of the teachers who hold meetings:

Energy Meetings (Free)

Every 2 nd and 4 th Sunday	6 pm – 9 pm	Tokyo, Japan	Lowe
Every 2 nd and 4 th Sunday	6 pm – 9 pm	Tokyo, Japan	Tahil

Students who are interested in Energy Meetings closer to home should call their nearest S.U.N. teacher (see directory on page 11). Many S.U.N. teachers will arrange these meetings to work with your schedule.

Newsletter Staff

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Enhanced Classic Courses on CD

S.U.N. is often contacted by people who want to take one of my courses but who live too far away to attend physically. The Enhanced Classic Courses fill this need. Rated as “stellar”, these classes, which only I can teach, were recorded at the time they were taught.

The Enhanced Classic Courses use enhanced energy technologies which make them so much more powerful than the original courses - they almost constitute a second level of the energy. This makes them one of S.U.N.’s best bargains since the second level of a course can cost appreciably more than the first level of the energy. Ask your Higher Self if you would benefit from this opportunity. Those who took the classes live may order CDs at a reduced price.

By Irving Feurst

ACTIVATING YOUR THYMUS CHAKRA (NEW!)

\$86.19 CA \$80 US

The thymus chakra is a key to the soul’s anchoring in the lower planes and interacting with the phenomenal world. This is the most transformative thymus initiation yet offered by S.U.N.

COSMIC HEART INITIATION (NEW!)

\$86.19 CA \$80 US

This autonomous (self-activating) initiation facilitates your experiencing the entire universe as though it were God’s heart and every sound as though it were God’s heartbeat. Just as a mother’s heartbeat evokes a profound harmony in the body of an unborn child, this initiation will evoke a profound harmony in your subtle bodies. This harmony promotes inner peace, deep meditations and the feeling of being enveloped in love.

EMBODYING YOUR SOUL NOTE (NEW!)

\$86.19 CA \$80 US

As we evolve spiritually our subtle bodies should be filled with more and more Divine light. Similarly, they should be filled with more and more Divine sound, particularly the sound of your “soul note”. The soul note is the sound associated with the particular manifestation of the ray which is your soul ray. Embodying your soul note accelerates personal and particularly spiritual evolution.

EMPOWERING THE BIJA MANTRAS (NEW!)

\$86.19 CA \$80 US

A bija mantra (Hindu: “seed sound”) for a chakra is a single syllable mantra that symbolizes in sound that aspect of ultimate reality from which the chakra manifests. Because a bija mantra is attuned to the very essence of a chakra, it is an exceptionally useful tool capable of activating the full potential of the chakra. Receive an initiation that uses S.U.N.’s unique star tetrahedron technology to further increase the power of the bija mantras for the chakras, both an autonomous (self-activating) part that places the empowered bija sound in each chakra and also an activatable part for those who wish to use the bija mantras in chanting or meditation.

YOUR D.N.A. AND SPIRITUAL GROWTH (NEW!)

\$86.19 CA \$80 US

Your DNA is a fundamental key to attracting, storing, transmuting and transporting spiritual energy. Activation and development of your DNA is essential to reach certain levels of spiritual development. In this course you receive an autonomous initiation - the most effective yet offered by S.U.N. for increasing the ability of your DNA to work with spiritual energy.

(A TOUR...) PT 11: WATER

\$86.19 CA \$80 US

Learn about water angels, and receive initiations which increase the structure of the water in your cells, allow the heart chakra to work better with the water in your cells, and which improve how the 7 rays work with the water in your cells. **Part 1 is a prerequisite to any subsequent class in the series, after that take any other.**

(A TOUR...) PT 12: SACRED GEOMETRY

\$86.19 CA \$80 US

Receive valuable information about sacred geometry and our solar system. Initiations regeometrize the heart, brain and chakras. The angelic initiations and practices are continued. **Part 1 is a prerequisite.**

EARTH BREATHING

\$86.19 CA \$80 US

In this course you receive an autonomic (self-activating) initiation for synchronizing your breathing with certain key pulsations in the Earth’s energy field. This brings a significant improvement to your breathing and a profound harmonization of the etheric body, even down to the cells and D.N.A.

THE MYSTERIES OF OM

\$86.19 CA \$80 US

“Om” is much more than a mantra for meditation. As the primordial sound of creation its energy can be utilized to produce dramatic changes in our subtle bodies and in our consciousness. In this course you receive autonomous (self-activating) initiations that combine the ancient Hindu science of placing mantra vibrations directly into your energy channels and the modern star tetrahedron technology which S.U.N. employs.

OPENING TO THE HEART OF THE SUN

\$86.19 CA \$80 US

Like human beings and our mother earth, the sun has seven chakra regions. The heart (chakra) of the sun is of particular importance for humanity. The Tibetan master Djwhal Kuhl teaches that it is only through the intimate and sustained relationship between the heart chakras of the earth and the sun that humanity is able to reach the higher stages of spiritual evolution. Receive an autonomous (self-activating) initiation that profoundly increases your connection to the heart chakra of the sun, thereby accelerating both your personal and spiritual evolution and significantly increases the power of all other solar-related classes given by S.U.N.

OVERCOMING YOUR GREATEST OBSTACLE TO

ENLIGHTENMENT

\$86.19 CA \$80 US

In this course you receive an autonomous (self-activating) initiation to help you in overcoming your greatest obstacle to achieving enlightenment. The choice of obstacle is made by your higher self.

RAINBOW MERIDIAN SYSTEM

\$86.19 CA \$80 US

This autonomous (self-activating) initiation uses a beautiful, rainbow-colored energy that acts in an ongoing way to clear your acupuncture meridians, balance your meridians and balance 200 important acupuncture points.

RECAPTURING PAST LIFE GIFTS

\$86.19 CA \$80 US

Many people received information, initiations or abilities in past lives that would also be of use to them in this life. In this course you receive an autonomous (self-activating) initiation in which one such gift from a past life will be made available to you in this life. The choice of which gift you will receive will be made by your higher self.

THE SOLAR EGO

\$86.19 CA \$80 US

The solar ego is the interface between your personality and your soul. It is both the organizing principle behind the personality and the key to eventual liberation, i.e., breaking exclusive identification with the personality and extending our identification to all parts higher than the personality. This autonomous (self-activating) initiation strengthens your solar ego, thereby (1) bringing increased personality unification and (2) enhancing your capacity to identify with all aspects of your being higher than the personality.

THREE RAY BOHDICHITTA

\$86.19 CA \$80 US

Variably described as the will, heart or mind of enlightenment, Bodhichitta has classically been considered the single most important factor in determining whether and how quickly one reaches enlightenment. In the Vajrayana tradition, from which this initiation stems, it is recognized that there is an actual Bodhichitta current in the subtle bodies.

UNDERSTANDING AND EXPERIENCING

NON-ATTACHMENT

\$86.19 CA \$80 US

Although non-attachment is essential for reaching enlightenment, it is very widely misunderstood. This course explains in detail exactly what non-attachment is, as well as what it is not. You will receive an initiation which significantly strengthens and speeds up your capacity to experi-

ence non-attachment. Much of the effect of this initiation is autonomous (self-activating) however you will also be given a practice which makes the initiation even more effective.

Descriptions of the following Enhanced Classics can be found on the S.U.N. website, at www.spiritunfold.com/distancecourses.htm

A TOUR OF THE ANGELIC KINGDOM, PARTS 1-10 (Each)	\$86.19 CA \$80 US
THE ALCHEMY OF LIGHT	\$86.19 CA \$80 US
ALIGNING WITH THE CENTRAL SUN	\$86.19 CA \$80 US
AMITABHA EMPOWERMENT FOR OVERCOMING OBSTACLES TO ENLIGHTENMENT	\$113.25 CA \$105 US
ANGELIC DREAM PRACTICE: MANIFESTATION	\$86.19 CA \$80 US
ATLANTEAN TEMPLE INITIATION FOR CROWN	\$86.19 CA \$80 US
BABAJI'S CELLULAR TRANSFORMATION SYSTEM	\$86.19 CA \$80 US
BABAJI'S CHAKRA TRANSFORMATION SYSTEM	\$86.19 CA \$80 US
BABAJI'S LIGHT BODY SYSTEM	\$86.19 CA \$80 US
BECOMING YOUR IDEAL SELF	\$86.19 CA \$80 US
THE BLUE PEARL	\$86.19 CA \$80 US
BRAIN OPTIMIZER	\$86.19 CA \$80 US
CENTRAL SUN ENERGIES	\$86.19 CA \$80 US
CENTRAL SUN PATTERN RELEASE	\$86.19 CA \$80 US
CENTRAL SUN SOUND CHAKRAS	\$86.19 CA \$80 US
CHRIST SEEDS: DEVOTION	\$86.19 CA \$80 US
CHRIST SEEDS: DIVINE SHREWDNESS	\$86.19 CA \$80 US
CHRIST SEEDS: DIVINE WILL	\$86.19 CA \$80 US
CHRIST SEEDS: HARMONIZATION	\$86.19 CA \$80 US
CHRIST SEEDS: INTEGRATION OF SPIRIT & MATTER	\$86.19 CA \$80 US
CHRIST SEEDS: UNCONDITIONAL LOVE	\$86.19 CA \$80 US
CHRIST SEEDS: UNION OF ACTION & BEING	\$86.19 CA \$80 US
CLEARING RELATIONSHIP KARMA	\$86.19 CA \$80 US
CONNECTING W. YOUR OTHER-DIMENSIONAL SELF	\$86.19 CA \$80 US
CONNECTING WITH YOUR SOUL GROUP	\$86.19 CA \$80 US
THE CRYSTALLINE GRIDWORK	\$86.19 CA \$80 US
THE DIAMOND LIGHT	\$86.19 CA \$80 US
DIVINE ALIGNMENT	\$86.19 CA \$80 US
THE DIVINE FEMININE & GLOBAL TRANSFORMATION	\$86.19 CA \$80 US
ENHANCING AFFIRMATIONS	\$86.19 CA \$80 US
ENHANCING ENERGY BLESSINGS from the STARS, LEV 2	\$86.19 CA \$80 US
THE FIRE OF ELIJAH	\$86.19 CA \$80 US
GABRIEL'S TRUMPET	\$86.19 CA \$80 US
GALACTIC DNA ACTIVATION	\$86.19 CA \$80 US
GODN AND THE VOID	\$86.19 CA \$80 US
HAWAIIAN STAR ENERGIES	\$86.19 CA \$80 US
HIDDEN ABILITIES OF YOUR BASE CHAKRA	\$86.19 CA \$80 US
HIDDEN ABILITIES OF YOUR 2ND CHAKRA	\$86.19 CA \$80 US
HIDDEN ABILITIES OF YOUR 3RD CHAKRA	\$86.19 CA \$80 US
HIDDEN ABILITIES OF YOUR 4TH CHAKRA	\$86.19 CA \$80 US
HIDDEN ABILITIES OF YOUR THROAT CHAKRA	\$86.19 CA \$80 US
HOLOGRAPHIC CELLULAR CLEARING, LEVEL I	\$86.19 CA \$80 US
INTEGRATING YOUR CEREBRAL HEMISPHERES	\$86.19 CA \$80 US

Enhanced Classic Courses, Continued

KUAN YIN ENLIGHTENMENT SYSTEM: LEVEL 1	\$86.19 CA \$80 US
LEVEL 2 (Prerequisite: Level 1)	\$140.31 CA \$130 US
LEVEL 3 (Prerequisite: Level 2)	\$194.44 CA \$180 US
LEVEL 4 (Prerequisite: Level 3)	\$248.56 CA \$230 US
LEARN KARMIC LESSONS MORE EASILY	\$86.19 CA \$80 US
THE LIGHT OF THE CELLS	\$86.19 CA \$80 US
THE LIGHT OF URIEL	\$86.19 CA \$80 US
LOST KABBALISTIC TEACHINGS OF JESUS: PEARL	\$86.19 CA \$80 US
LOVE FOUNTAINS, LEVEL I	\$86.19 CA \$80 US
MANIFESTING THROUGH EARTH'S GRIDWORK	\$86.19 CA \$80 US
MANIFESTING YOUR SOUL PURPOSE	\$86.19 CA \$80 US
MAYAN CRYSTAL SKULL AND GALACTIC CENTER	\$86.19 CA \$80 US
MAYAN DREAM TEMPLE	\$86.19 CA \$80 US
MEET YOUR FUTURE SELF	\$86.19 CA \$80 US
MICHAEL'S CHAKRA TRANSFORMATION SYSTEM	\$86.19 CA \$80 US
MIRACLE OF THE BREATH	\$86.19 CA \$80 US
THE MUSTARD SEED MEDITATON	\$86.19 CA \$80 US
THE MYSTERIES OF THE LALANA CHAKRA	\$86.19 CA \$80 US
THE MYSTERIES OF VENUS	\$86.19 CA \$80 US
OPENING THE FIFTH SPIRILLA	\$86.19 CA \$80 US
OPENING TO THE HEART OF THE SUN	\$86.19 CA \$80 US
PLANETARY GRIDWORK ALIGNMENT	\$86.19 CA \$80 US
POLARIS, YOUR CELLS, AND D.N.A.	\$86.19 CA \$80 US
THE POWER OF CHAMUNDI	\$86.19 CA \$80 US
POWER OF THE NORSE RUNES: HAGALAZ	\$113.25 CA \$105 US
RECREATING YOUR ATMIC PERMANENT ATOM	\$86.19 CA \$80 US
RECREATING YOUR BUDDHIC PERMANENT ATOM	\$86.19 CA \$80 US
RECREATING YOUR BUDDHIC PERMANENT ATOM	\$86.19 CA \$80 US

(continued on page 15)

HOW TO ORDER THE ENHANCED CLASSICS

Order online: By credit card at www.spiritunfold.com

Or order by mail: Please send your request to SUN, PO Box 5900, Hercules, CA 94547. Check or money order should be made out to "S.U.N." Prices include shipping and handling fees. All courses (except Amitahba Empowerment, Kuan Yin Enlightenment 2,3,4, Power of the Norse Runes and Working with the Archangels Metatron and Zadkiel) are as follows: California residents pay \$86.19 (tax included), US (not CA) \$80, International \$85.

Please indicate which courses you would like to receive. In case we need to contact you, please include your name, mailing address, phone number with area code, and e-mail address. If more than one person will be receiving the attunements from these CDs, please include an additional payment for each person. PLEASE NOTE THE PRICES BY EACH COURSE: CA means California resident price; U.S. means U.S. resident outside of California. International orders, see information below.

For people outside the domestic United States: Order online by credit card or by mail. Payments sent from other countries should be made out in U.S. dollars and drawn on a United States bank (international money orders in US dollars are acceptable.) PLEASE ADD \$5 PER COURSE ABOVE THE U.S. (NOT CA) PRICE TO COVER THE EXTRA COST OF INTERNATIONAL SHIPPING.

If you have taken a course previously: Please follow the instructions above, indicate that you took the original course (we will verify it in our records). CA residents, please enclose \$25, U.S. (non CA) \$23.50, International: \$28.50.

“Huna” and “The Infinite Light of Huna”™

Hawaiian Spirituality

Known as Huna (meaning “secret”), the Hawaiian spiritual tradition places equal emphasis on connecting with your spirituality and connecting with the earth, your body, and your emotions. Rather than teaching transcendence of the physical plane, Huna teaches us to celebrate life, to merge matter and spirit.

The Huna Philosophy

Huna holds that the key to living a fulfilled life lies in the awakening and integration of your subconscious self, conscious self, and higher self. It offers us a profoundly beautiful philosophy of life centered in love and the vision of humankind, nature, and the divine as harmonious parts of a cosmic community. But Huna is not just a philosophy; more than anything else Huna is something you do. It gives us a set of practices that are simple yet, when used regularly, profoundly transformational.



HUNA: LEVEL I TO V

The S.U.N. Network teaches a sequence of classes called “Huna.” The ancient Hawaiians used the word Huna to refer to a body of knowledge and the word kahuna (literally “keeper of the secret”) to refer to a practitioner of that knowledge. Like all S.U.N. classes, Huna is an initiation workshop in which you receive powerful energies that you can then access at any time for yourself or others by mentally directing the flow (no visualization, mantras, etc.). The workshop leader is trained in the Malaka tradition of Huna. The teacher transmits directly to the student, through permanent empowerments of the student’s energy field, abilities which would otherwise take decades to develop.

The Huna system is a sequence of progressively transformative course levels. However, the sequence is so carefully designed that you can stop at any time and have a complete experience. The first level alone contains enough tools to keep you evolving for the rest of your life.

Not only are these Huna empowerments unusually powerful, the energies feel great! Many people say they feel like they’ve spent a week in Hawaii after using them! Come to one of our demonstrations and experience these beautiful energies for yourself.

THE INFINITE LIGHT OF HUNA™ LEVEL I TO III

This is a new three-level Huna course sequence. It focuses more directly on reaching enlightenment and is a complement to the “Huna” course sequence which offers a broad range of energy tools. While the two complement each other, the two course sequences can be taken independently of each other.

Many spiritual traditions teach that you first become enlightened in your sleep, then in your meditation, and then in your daily life. In this course sequence, you can experience ancient Hawaiian teachings and energy initiations that provide you with a complete three-level process to reach enlightenment.

In the first level, you receive an initiation that enables you to access a light that appears in your dreams and unfailingly guides you to understand and manifest your soul purpose. It also prepares you, if you wish to go on to the second level initiation.

The 2nd level empowers you to do a simple meditation to bring in a light that rewires your brain circuitry to reach enlightenment.

The 3rd level focuses on integrating the enlightened state with daily life. *This course has not been offered yet, but will be available in the future.*

Some of the empowerments you will acquire in Huna Level I include:

- Connecting with the Earth in a new and deeper way.
- *Melekiana* empowerment, which permanently deepens and strengthens your energy flow from just one exposure.
- *Kala* empowerment for dissolving emotional conflict at the subconscious level. You may have heard that this ancient Hawaiian technique had been lost, however it has been preserved in the Malaka tradition.
- Sending a powerful energy to yourself and others.
- A significant increase in what Huna believes are the three key qualities of the heart: the ability of your heart to give and receive love, courage, and openness to life.
- Clearing negative thought forms the Huna way.
- Linking with the heart chakra of the sun.
- The ancient and powerful Cross of Fire initiation. This works with a whole system of energy centers and channels that most people aren't even aware they have! It profoundly deepens work with the chakra and meridian systems as well as accessing transformational potential not available if we work with only the chakras and meridians.



The Power and Effectiveness of Intelligent Energy™

One of the unique and beneficial (and amazing) properties of the energies used by the S.U.N. Network is that they are “intelligent.” Many believe they are much more intelligent than the human mind or the most sophisticated computers. And, with the training provided by the S.U.N. classes, an individual is empowered to access these energies and direct them with mere “intention.”

Intelligent energy:

1. Can be programmed to optimize its effectiveness.
2. Becomes more effective and powerful with usage.
3. Can be calibrated to operate at variable intensities.
4. Teaches itself to be more effective.
5. Works with the individual to create more inspired ways to be used.
6. Helps connect the individual to other energies and guides.
7. Is available in an infinite number of varieties.
8. Can be used to help others or can be transmitted to them at a distance for their benefit.
9. Can be effective when used by intention or can be put on “automatic pilot.”
10. Can be utilized while awake or while sleeping.
11. Works together with, and even enhances other practices.
12. Is provided by the grace of God, and works independently of any religion or belief system.

It is impossible to convey in words how extraordinary this energy really is. For a direct experience of “intelligent energy,” attend one of our free introductory demonstrations, or sign up for a class.

by *Byron Mandel*

AN ENERGY PORTAL FOR RECEIVING TRANSFORMATIVE INITIATIONS DIRECTLY FROM SPIRITUAL MASTERS IN SEVEN STAR SYSTEMS.

Have you ever felt the stars were calling you? Here’s your opportunity to find out why.

ARCTURUS...the blessing of HOPE through which all things become possible.

POLARIS...the blessing of BREATH to help release past limitations.

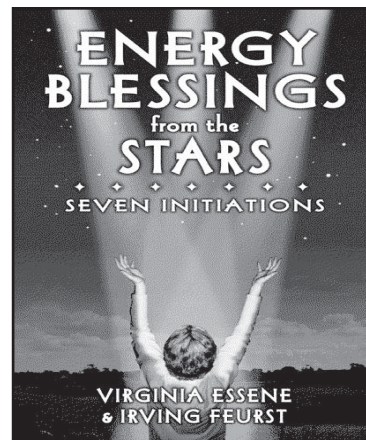
PLEIADES...the blessing of LOVE to safely open your heart chakra.

VEGA...the blessing of COMPASSION to use for yourself and others.

BETELGEUSE...the blessing of SOUL AWARENESS.

RIGEL...the blessing of INTEGRATION OF MATTER WITH SPIRIT.

SIRIUS...the blessing of amplified and glorified CHRIST CONSCIOUSNESS.



COMPANION TAPE ALSO AVAILABLE ON CD: The book is accompanied by an audio program entitled “Transform Your Cellular Water Field.” Water is actually a liquid crystal capable of holding much information and subtle energy. Every time you listen to this recording it releases an energy which enables the energy field surrounding the water in your cells, as well as the metaphysical water element in your subtle bodies, to hold more and higher vibrational energy, thereby accelerating your spiritual evolution.

COMPANION COURSES: All S.U.N. teachers can teach a special course entitled “Enhancing *Energy Blessings From The Stars, Level I*”. It will significantly increase the strength of the initiations in the book. Prerequisite: you must have completed all the initiations in the book, which take about two months. See the Class Schedule for dates and locations. **The Level II course is available as an Enhanced Classic Course. See below for how to order from the S.U.N. office.**

ORDER ONLINE: By credit card at www.spiritunfold.com/energyproducts.htm

ORDER BY MAIL: Please send your order to S.U.N., P.O. Box 5900, Hercules, CA 94547 U.S.A. with a check or money order payable to S.U.N. Please include your name, mailing address, phone number with area code, and an e-mail address, in case we need to contact you.

The amounts below include tax and shipping for each item. The California (CA) price includes sales tax. The U.S. price is for outside of CA. Int’l is the International price.

Book: <i>Energy Blessings from the Stars</i>	\$21.18 (CA) \$19.50 (U.S.) Int’l: \$25.00
Tape/CD: Transform Your Cellular Water Field	\$16.67 (CA) \$15.50 (U.S.) Int’l: \$18.00
Enhancing <i>Energy Blessings from the Stars, Level II</i>	\$86.19 (CA) \$80.00 (U.S.) Int’l: \$85.00

For people outside the domestic United States:

Order online by credit card or order by mail. Payments sent from other countries should be made out in U.S. dollars and drawn on a U.S. bank (international money order in U.S. dollars are acceptable). Please refer to the above list of international prices for each item.

Drisana™

Drisana is an energy system of such power and sophistication that it surprises even most professional energy workers. Yet its versatility and ease of use makes it perfect for even the complete beginner to energy work. It is of Tibetan origin—the word “Drisana” itself being Sanskrit for “the daughter of the sun.” Of the hundreds of energy systems into which I have been initiated, there are only a few which I use daily and, of these, Drisana is the one I use most frequently.

Like all S.U.N. classes, Drisana is an initiation workshop in which you receive powerful energies that you can then access at any time for yourself or others by mentally directing the flow (no visualization, complex symbols, mantras, etc.). People using Drisana consistently report dramatic shifts at all levels of their being—physical, emotional, mental, and particularly spiritual.

The Drisana system is a sequence of seven progressively transformative courses—with additional advanced courses being available for those who are prepared to receive them. However, the sequence is so carefully designed that you can stop at any time and have a complete experience. The first level alone contains enough tools to keep you evolving for the rest of your life.

“The Drisana Light Body system has been like a godsend to me. I use it both for myself and others in many different situations, tremendously enriching my life....”
– J.S., San Rafael

“The Drisana System leaves no stone unturned when it comes to providing energetic tools in the process of personal and spiritual transformation.”
– Jack Sadey, Walnut Creek

“The various attunements help me with clearing, grounding, and harmonizing my energy throughout the day so that I can better serve my clients.”
– Van Nguyen, San Francisco

Of the many unusual aspects of Drisana, there are three I would like to emphasize here:

1. Each level of Drisana contains an unusually large number of empowerments, many of which have no parallel in any other system. An example is the use of “power settings,” which enable you to increase the force of not just Drisana but any subtle energy. If you have been initiated into any other energy system, you will be able to use this empowerment to run that energy more strongly than you ever have before. There’s not enough space here to list all 30 empowerments in the first level of Drisana. To get a copy of this list, look in the calendar to see who is teaching Drisana this quarter and call one of those teachers.

2. Drisana is one of only a few energy systems in the world which work with all seven planes of reality—the physical, emotional, mental, Buddhist, atmic, monadic and cosmic. Most systems neglect the atmic and monadic. Unless we can connect deeply into all seven planes, there is some part of us which feels incomplete.

3. Drisana is the only energy system in the world that works by directly accessing the star tetrahedron shaped energy fields surrounding our six incarnational centers (also known as the six permanent atoms). Our physical body, chakras, aura, etc., are but manifestations of these fields.

Although some of the above may sound too theoretical, what Drisana can do for you—physically, emotionally, mentally, spiritually—is not. Come to one of our demonstrations and experience the results for yourself.

by Irving Feurst



Which class should I take first?

- Read the Huna, Drisana and Miraculous Vessels descriptions on pages 6, 8, and 10. Does your intuition guide you towards one or the other? Still not sure?

Attend a free Experiential Introduction (see pg.3), or call a teacher in your area to receive a energy sample while you are on the phone (see pg.11). Just the first level of either system provides the serious spiritual seeker with a complete repertoire of energy exercises for daily work on the emotional, mental and spiritual levels.

- Still undecided? Start by taking either “Working with Your Guardian Angel for Guidance and Protection” (see pg. 14). This helps one connect with one’s Higher Self, or “Your Rainbow Heart” (see pg.19). This helps open one’s heart.

- About Meditation. The S.U.N. Network considers meditation to be the key foundation of daily practice — which then can be supplemented with energy work. Meditation helps manifest our own inner divinity — that spark of God that is in all of us. We refer here to classical practices such as mantra, breath, or mindfulness meditation. To find a meditation group in your area glance through a New Age or spiritual magazine or browse your local Metaphysical bookstore.

More Effective Path? (continued from page 1)

Utilizing energy is the key to physical vitality and spiritual evolution.

We are surrounded by and are an intimate part of an infinite ocean of energy. This non-physical energy permeates all things, and all living things depend on it for their continued life and health. It is called Prana by the Hindus, Chi by the Chinese, Mana by the Hawaiians. Esoteric traditions of all ages have recognized that a master key to physical vitality and (through raising our vibrational rate) spiritual evolution is the ability to absorb and use this energy.

There are four key ideas about working with these cosmic energies.

(1.) Science defines energy as “the ability to do work” (I would rephrase this as “the ability to produce transformation”) and as such, **energy has the capacity to produce profound change on any level of our being—physically, emotionally, mentally and spiritually.** Our workshop graduates consistently report dramatic shifts in physical vitality, emotional well-being and relationships, mental clarity, their spiritual life and meditations. Often they start to notice changes after just coming to a demonstration or even just tuning in at home to our weekly transmission.

(2.) **Unlike purely physical energies, the energies we are talking about behave intelligently.** Some say they are God’s gifts to us and are the carriers of divine intelligence; others prefer to say they are linked in to cosmic mind. To give one of many implications of this fact, you can use these energies to do chakra work or energy balancing that goes far beyond more commonly known methods. Just as a high speed computer can do thousands of additions per second, these energies can do many times what we can, when we rely only on our own intelligence.

(3.) **There are many cosmic energies, not just one.** Different spiritual traditions work with very different kinds of

(continued on page 13)

“Let go into the clear light, trust it, merge with it. It is your own true nature, it is home.”

– Tibetan Book of the Dead

Class Schedule

New Workshops (Distant Only)

DISTANT TRANSMISSION AT 2 PM CA TIME OR THEREAFTER:
New Workshops are distant transmissions given by the founder’s Solar Angel at the Pacific Time below or can be taken any time afterward. *See the back page.*

Mysteries of Nephthys #107 \$75**

Sunday January 8 2 pm – 3 pm Distant Transmission

Progressive Understanding of the Fourth Chakra \$75**

Sunday January 22 2 pm – 3 pm Distant Transmission

The Soul Star, Level II \$75**

Sunday January 29 2 pm – 3 pm Distant Transmission

Mysteries of Nephthys #108 \$75**

Sunday February 5 2 pm – 3 pm Distant Transmission

Increasing Your Courage \$75**

Sunday February 12 2 pm – 3 pm Distant Transmission

The Solar Logos \$75**

Sunday February 26 2 pm – 3 pm Distant Transmission

Mysteries of Nephthys #109 \$75**

Sunday March 4 2 pm – 3 pm Distant Transmission

Developing Gratitude \$75 (Daylight Savings)**

Sunday March 11 2 pm – 3 pm Distant Transmission

Increasing Your Sensitivity to Angels \$75**

Sunday March 18 2 pm – 3 pm Distant Transmission

Mysteries of Nephthys #110 \$75**

Sunday April 1 2 pm – 3 pm Distant Transmission

Experiencing Different Aspects of God \$75**

Sunday April 15 2 pm – 3 pm Distant Transmission

The Soul Star and the Meridians \$75**

Sunday April 22 2 pm – 3 pm Distant Transmission

**** *The classes above are given at a distance by the founder’s Solar Angel. At your convenience. See the back page for ordering instructions and course descriptions.***

Huna Workshops (See page 6 for description)

Huna I \$100

Saturday	January 7	1 pm – 7 pm	Antioch, CA	Ira Hilf
Sunday	January 15	10 am – 5 pm	Walnut Crk, CA	Sadey
Sunday	January 22	1 pm – 5:30 pm	New York, NY	Metzger
Sunday	January 22	10 am – 5 pm	Tokyo, Japan	Lowe
Saturday	March 31	10 am – 4 pm	Berkeley, CA	Meridian
Sunday	April 22	1 pm – 5:30 pm	New York, NY	Metzger

Huna II \$150

Sunday	March 11	10 am – 5 pm	Tokyo, Japan	Tahil
Sunday	April 22	10 am – 5 pm	Walnut Crk, CA	Sadey

Huna III \$200

Sunday	April 15	10 am – 5 pm	Tokyo, Japan	Lowe
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Huna IV \$250

Saturday	February 4	11:30 pm – 6 pm	New York, NY	Metzger
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Huna V \$300

Saturday	April 7	1 am – 5 pm	New York, NY	Metzger
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The Infinite Light of Huna™, Level I* \$100

Saturday	January 21	12 pm – 4 pm	Walnut Crk, CA	Sadey
Monday	January 23	7 pm – 10 pm	Tokyo, Japan	Lowe
Saturday	February 4	1 pm – 5 pm	Antioch, CA	Ira Hilf

The Infinite Light of Huna™, Level II* \$150

Monday	February 27	7 pm – 10 pm	Tokyo, Japan	Tahil
Saturday	March 17	12 pm – 4 pm	Walnut Crk, CA	Sadey

Class Schedule continued on page 11

The Miraculous Vessels

What are miraculous vessels?

The name of this new course comes from the energy channels referred to in the Taoist and pre-Taoist traditions by such names as the miraculous vessels, the extraordinary vessels, the psychic vessels or channels, etc. One reason that has been given for the name of these channels is that they are remarkable reservoirs of energy; this energy can either be drawn upon or the vessels will hold what some traditional sources describe as virtually any amount of excess. However, the deeper reason for the title “miraculous” comes from ancient teachings about the powers which these channels can develop, much of this knowledge having been lost over the centuries. The ancient Taoists and pre-Taoists used these vessels to greatly accelerate spiritual evolution, as well as to develop various supernormal powers. Because there were abuses of these powers, the guardians of the Taoist tradition did not reinstitute the ancient teachings after the knowledge had died out. Through the use of S.U.N.’s star tetrahedron technology (refer to Drisana article on page 8) a new way has been found to focus on the spiritual attributes associated with these vessels while tapping into only those special powers that are already available in other systems (such as clairvoyance and external projection of chi). Therefore S.U.N. has been commissioned by Master Yü Huang, a traditional Taoist source, to reinstitute an ancient initiatory system which makes use of these vessels.

What are the goals of this system?

There are three primary goals of this initiatory system:

- (1) profound harmonization of body, mind, and spirit
- (2) compassion for all sentient beings
- (3) oneness and “reciprocity” with nature.

Reciprocity refers to fully developing one’s ability to draw on the energies of nature for personal and spiritual evolution as well as fully developing one’s abilities to send beneficial energies to nature. This system contains a number of remarkable initiations for reciprocity which have become lost, even within the Taoist tradition.

“I feel very privileged ... Few people in the world today have the opportunity to experience these energies and have them permanently available to themselves. It is a blessing.”

– Bob Winn, Albany

Examples of initiations

Here are some of the initiations in the first level of the Miraculous Vessels: (1) Using the Miraculous Vessels to significantly increase the amount of energy that your subtle bodies can hold. Despite the fact that I have received literally hundreds of initiations from traditions all over the world, this initiation created a huge expansion in my energy field. (2) Magnifying the power of your tantien centers through aligning them with the corresponding centers in planet earth (in Taoism these three centers are considered the most important and are located in the areas of the brow, the middle of the chest, and the lower abdomen). (3) A meditation shakti which is released by focusing on the lower tantien and which is unusually effective in integrating the etheric, emotional and mental bodies. When you use this shakti, you feel as though you were meditating with your whole body and not just your mind. (4) The “Elixir of the Gods” initiation for an inner elixir which tonifies the etheric body and in many people fosters a “golden glow” and sense of well being (the etheric body interpenetrates and vitalizes the physical body). (5) The “Rainbow Mind™” initiation, which leads to profound serenity, crystal clarity of mind, and dramatically increased control of personal chi. (6) The “Temple of the Sun” initiation, which greatly magnifies the spiritual powers of all the glands. All esoteric traditions emphasize the importance for spiritual evolution of developing the glands—this development can also significantly affect us on the physical, emotional and mental levels. (The Tibetan master Djwhal Kuhl indicates that as your glands are, so are you.) Unfortunately, many modern systems neglect the glands.

Who should take this course?

As our discussion so far would indicate, there is a significant resemblance between the philosophy and practices of the “Miraculous Vessels” system and those of Taoism. However, we want to emphasize that it is not actually a Taoist system, but rather comes from ancient knowledge which preceded Taoism and which in part led to the birth of Taoism. We also emphasize that this course should be considered by anyone with an interest in personal or spiritual development, not just by those interested in Taoism. Indeed, one of the reasons the channels known as the “Miraculous Vessels” are so extraordinary is that their development facilitates the energy work associated with many other traditions. These channels can particularly facilitate Kabbalistic energy work and ancient Egyptian energy work.

by Irving Feurst, founder and director



Live Workshop Registration

1. Contact the teacher indicated. Phone numbers are listed to the right.
2. Send a deposit (either \$50 or half the workshop cost, whichever is less).
3. It is at the discretion of the individual teacher whether to accept last-minute reservations. Without a deposit you risk the course being either too full or canceled.
4. If you write a check, make it payable to the teacher of your class.

Class Schedule

Continued from page 9

Drisana Workshops (see page 8 for description)

Drisana I \$350

Sat/Sun	January 7/8	12 pm – 4 pm	Walnut Crk, CA	Sadey
Sat/Sun	January 14/15	10 am – 5 pm	Tokyo, Japan	Tahil
Sat/Sun	February 11/12	1 pm – 8 pm	Antioch, CA	Ira Hilf
Sat/Sun	February 18/19	11:30 am – 5:30 pm	New York, NY	Metzger

Drisana II \$250

Sunday	February 19	10 am – 5 pm	Tokyo, Japan	Lowe
Saturday	April 21	10 am – 4 pm	Walnut Crk, CA	Sadey

Drisana III \$350

Sunday	March 25	10 am – 5 pm	Tokyo, Japan	Tahil
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Drisana IV \$400

Saturday	January 14	11:30 am – 5:30 pm	New York, NY	Metzger
Saturday	January 14	10 am – 4 pm	Berkeley, CA	Meridian
Sunday	April 29	10 am – 5 pm	Tokyo, Japan	Lowe

Drisana V \$500

Saturday	February 18	10 am – 4 pm	Berkeley, CA	Meridian
Saturday	April 28	1 am – 5:30 pm	New York, NY	Metzger

Drisana VI \$550

Saturday	March 24	10 am – 4 pm	Berkeley, CA	Meridian
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Drisana VIII \$600** (prerequisite – *Drisana VII*, instructor's consent) By appointment, Founder/Director of S.U.N.

Neriya I* \$400 (prerequisite – *Drisana III*)

Sunday	January 29	10 am – 5 pm	Tokyo, Japan	Lowe
Saturday	March 3	1 pm – 6 pm	Antioch, CA	Ira Hilf
Saturday	March 17	1 pm – 5:30 pm	New York, NY	Metzger
Saturday	April 14	10 am – 4 pm	Walnut Crk, CA	Sadey

Neriya II* \$450

Sunday	March 18	10 am – 5 pm	Tokyo, Japan	Tahil
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Neriya III* \$500

Saturday	January 7	12 pm – 5pm	Berkeley, CA	Meridian
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Neriya IV* \$550

Saturday	February 11	10 am – 5 pm	Berkeley, CA	Meridian
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Neriya V* \$600

Saturday	March 17	10 am – 5 pm	Berkeley, CA	Meridian
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The Miraculous Vessels Workshops (see page 10 for description)

The Miraculous Vessels, Level I \$100

Saturday	January 14	12 pm – 6 pm	Antioch, CA	K. Hilf
Saturday	January 21	10 am – 4 pm	Berkeley, CA	Meridian
Saturday	February 4	10 am – 5 pm	Walnut Crk, CA	Sadey
Sunday	February 26	10 am – 5 pm	Tokyo, Japan	Lowe
Sunday	March 18	1 pm – 5:30 pm	New York, NY	Metzger

The Miraculous Vessels, Level II \$150

Saturday	February 25	10 am – 4 pm	Berkeley, CA	Meridian
Sunday	April 22	10 am – 5 pm	Tokyo, Japan	Tahil

* See list to the right for teachers certified to teach this course.

S.U.N. Teacher Directory

The following is a complete list of all certified S.U.N. teachers. They have all had a minimum of a year of intense private and in-class training with Irving Feurst, the founder and director of S.U.N. They are among the most accomplished energy workers anywhere!

Irving Feurst**☼ Founder/Director (Hercules, CA)	510 245-3737
Mary Barnard* (Jessup, MD)	240 462-0371
Mary Broyles (Half Mn Bay, CA)	650 726-9758
Gil Chasin* (LA, SD, SB, OC, CA)	949 338-9987
Carlotta Christy (Charlestown, RI)	402-741-5230
Christine Clements**☼ (Berkeley, CA)	510 841-1315
Chris Deefholts (Welshpool, Wales)	01938 580108
Ira & Katharine Hilf**☼ (Antioch, CA)	925 754-7775
Sihua Kristee**☼ (Berkeley, CA)	510 841-0980
Marie Larson	(No number)
Anni Law**☼ (Petaluma, CA)	707 888-6887
Petya Lowe* (Tokyo, Japan)	813 3357-2067
Byron Mandel* (Rohnert Pk, CA)	707 585-1891
John Masters (Kula, Hawaii)	510 236-4845
Jeanne McGinnis* (Sacramento, CA)	707 803-2539
Meridian* (Berkeley, CA)	510 526-8571
Loretta Metzger**☼ (New York, NY)	914 722-2188
Michael Quirke* (San Fran., CA)	415 820-3943
Keith Rector* (Santa Cruz, CA)	831 479-3296
Marcie Rose (Marin/L.A., CA)	831 297-0320
Jack Sadey* (Walnut Creek, CA)	925 932-2071
Gabriel Sakakeeny (Santa Rosa, CA)	707 484-5448
Paige Schuppan (Adams, NE)	402 450 9997
Margo Shimasaki (Humboldt Cnty, CA)	707 826-7346
Shoadire (Brooklyn, NY)	718 856-5425
Jean Sibley* (Capitola, Berkeley, CA)	831 419-1909
Carol Singler**☼ (Occidental, CA)	707 874-3995
Philmore Steele* (San Fran., CA)	415 339-8309
Hari Tahil* (Tokyo, Japan)	813 3472-1714
Rose Tait (V. Turnovo, Bulgaria)	359 8866 85296
Fran Tielemans* (Belgium)	322051 697571
A. S. Tynan (San Francisco, CA)	415 786-9896
Judith Tripp (Marin, CA)	415 552-4546
Jenny Turner* (Lond., Sury., U.K.)	02087 718635
Gabriel Waldevus (Menlo Pk, CA)	(No number)
Susie Wasserman* (Milwaukee, WI)	414 961-0649
Ursula Weltman**☼ (Minneapolis, MN)	612 788-6348
Les/Marie Wong (So. S.F., CA)	650 952-8719
Anand Yogendra (Tucson, AZ)	520 577-1114
Laura Zealey**☼ (Cambridge, UK)	01223 833037
<i>Certified to teach Huna only:</i>	
Kim Carson	(No number)

* Teachers whose names are followed by an asterisk are certified to teach courses marked *, as well as the unmarked courses. Teachers' names followed by a ☼ teach courses so marked in addition. Courses marked with ** are taught only by Irving Feurst.



A SERIES OF DISTANT LESSONS AVAILABLE: THE MYSTERIES OF NEPHTHYS™

In the Egyptian pantheon, Nephthys is the sister of Isis. She has been called “The Hidden One,” “Goddess of Sleep,” and the “Lady of the Mansion.” She is associated with emotions, the deep waters of the unconscious, the shadow and with sacred geometry.

This comprehensive system of 90-plus lessons is available as a distant course and may be started at any time. The system will develop the hidden power and abilities of your chakras, help you learn to see the sacred in ordinary life, make full use of your dreams for personal and spiritual growth, and form or strengthen a new subtle body that accelerates personality/soul fusion. You will also receive energy initiations and information during your sleep that will quicken the time it takes to reach full enlightenment. Another emphasis will be the bringing in of Central Sun frequencies.

Take the first class to find out if the series is for you. There is no prerequisite to take the first class. Each level after that builds on all the previous ones. This sequence is compatible with any other S.U.N. energy work you may be doing, including Khu, The Egyptian Mystery School.

The Egyptian Mystery School sequences are, in my opinion, some of the most potent and unusual energy work in the world today.

by Irving Feurst

TO ORDER THE MYSTERIES OF NEPHTHYS AT A DISTANCE:

You can receive the attunements and a handout by mail or e-mail (not an audio class). An enrollment form is required.

Order online: Please complete the enrollment form and pay with a credit card at www.spiritunfold.com.

Order by mail: Please write S.U.N. to request the enrollment form and enclose a check made out to S.U.N. for \$75.00 with your name, address, e-mail, and telephone number to receive your first Nephthys class.

Class Schedule

Continued from page 11

Polaris DNA Transformation ☼ \$175 (prerequisite - *Miraculous Vessels V* & instructor's consent. Schedule transmission with Irving Feurst or S.U.N. teachers with a ☼ on page 11.

Polaris Logos Initiation **\$275 (prerequisite - *Miraculous Vessels V* and instructor's consent) Schedule transmission with Irving Feurst, Founder/Director of S.U.N.

The World of Angels (see page 14 for description)

Working with the Angel of Abundance \$50

Saturday	January 21	1 pm – 4 pm	Antioch, CA	K. Hilf
Wednesday	January 25	7 pm – 10 pm	Tokyo, Japan	Lowe
Saturday	April 7	12 pm – 4 pm	Walnut Crk, CA	Sadey

Working with the Angel of Creative Wisdom \$50

Saturday	February 18	1 pm – 5 pm	Walnut Crk, CA	Sadey
Wednesday	February 22	7 pm – 10 pm	Tokyo, Japan	Tahil
Saturday	March 10	1 pm – 7 pm	Antioch, CA	K. Hilf

Working with the Angel of Power and Integrity* \$50

Saturday	January 28	1 pm – 7 pm	Antioch, CA	Ira Hilf
Wednesday	March 28	7 pm – 10 pm	Tokyo, Japan	Lowe
Sunday	April 29	1 pm – 5 pm	Walnut Crk, CA	Sadey

Working with the Angel of Unconditional Love and Freedom* \$50

Sunday	March 4	1 pm – 5 pm	Walnut Crk, CA	Sadey
Saturday	April 7	1 pm – 6 pm	Antioch, CA	K. Hilf
Sunday	April 15	2 pm – 6 pm	New York, NY	Metzger
Wednesday	April 25	7 pm – 10 pm	Tokyo, Japan	Tahil

Working with Your Guardian Angel for Guidance & Protection \$50

Saturday	March 17	1 pm – 6 pm	Antioch, CA	K. Hilf
Saturday	March 24	1 pm – 5 pm	New York, NY	Metzger
Sunday	April 1	1 pm – 5 pm	Walnut Crk, CA	Sadey

Other Workshops (see pages 18 & 19 for description)

Angelic Opening & Shielding of the Brow Chakra, Level I* \$75

Saturday	February 18	1 pm – 3 pm	Antioch, CA	K. Hilf
Sunday	March 11	1 pm – 5 pm	Walnut Crk, CA	Sadey
Wednesday	March 14	7 pm – 10 pm	Tokyo, Japan	Lowe

Angelic Opening & Shielding of the Crown Chakra, Level I* \$75

Sunday	January 15	2 pm – 3:30 pm	New York, NY	Metzger
Wednesday	April 18	7 pm – 10 pm	Tokyo, Japan	Tahil

Angelic Opening & Shielding of the Heart Chakra, Level I* \$75

Wednesday	January 18	7 pm – 10 pm	Tokyo, Japan	Lowe
Saturday	March 3	12 pm – 1:30 pm	New York, NY	Metzger
Sunday	March 25	1 pm – 5 pm	Walnut Crk, CA	Sadey
Saturday	April 14	1 pm – 3 pm	Antioch, CA	K. Hilf

Angelic Opening & Shielding of the Solar Plexus Chakra, Level I* \$75

Sunday	February 12	12 pm – 1:30 pm	New York, NY	Metzger
Sunday	March 18	1 pm – 5 pm	Walnut Crk, CA	Sadey

Angelic Opening & Shielding of the Throat Chakra, Level I* \$75

Wednesday	February 1	7 pm – 10 pm	Tokyo, Japan	Tahil
Sunday	April 15	12 pm – 1:30 pm	New York, NY	Metzger

Awakening Your Pineal Gland I* \$75

Sunday	February 12	2 pm – 4 pm	New York, NY	Metzger
Wednesday	February 15	7 pm – 10 pm	Tokyo, Japan	Tahil
Saturday	February 25	1 pm – 3 pm	Antioch, CA	K. Hilf
Sunday	April 8	1 pm – 4 pm	Walnut Crk, CA	Sadey
Saturday	April 14	1 pm – 4 pm	Berkeley, CA	Meridian

The Bliss of Osiris, Level I* \$250

Saturday	March 24	1 pm – 5 pm	Walnut Crk, CA	Sadey
Saturday	March 24	1 pm – 5 pm	Antioch, CA	K. Hilf

* See page 11 for teachers certified to teach this course

Class Schedule continued on page 13

More Effective Path? (continued from page 9)

energies. For example a representative Buddhist energy and a representative Hindu energy are quite different as they have different colors, textures, do different things, etc. Just as people respond very differently to different physical energies (e.g., that in music or food), they respond differently to the energies of different traditions. This is why the S.U.N. network works with energies from different cultures and why it is good to experiment to find the one that is best for you.

(4.) Through a profound initiation involving a permanent empowerment of your energy field, you can acquire the ability to access energies that would otherwise take decades of meditation.

Historically these kinds of initiations were done only by gurus. Now there are organizations, like S.U.N., doing this. All of our workshops are initiation workshops in which you receive powerful energies. You can access them at any time for yourself or others through mentally directing the flow (no visualization, mantras, etc.) thereby avoiding dependence on others.

Because the energies S.U.N. works with were specifically chosen to be the most effective from hundreds of initiations I have received, you will find them to be unlike any others available to the public. We believe we are setting the standard for subtle energy work. Come to a demonstration or tune in at home to our weekly transmission and experience them for yourself!

by Irving Feurst

Let go into the clear light, trust it, merge with it. It is your own true nature, it is home.

– Tibetan Book of the Dead

Class Schedule

Continued from page 12

Building Your Antahkarana* \$75

Saturday	February 11	12 pm – 5 pm	Walnut Crk, CA	Sadey
Sunday	March 25	1 pm – 6 pm	New York, NY	Metzger
Saturday	March 31	1 pm – 6 pm	Antioch, CA	Ira Hilf

Crystal Empowerment Workshop \$40

Sunday	February 26	1 pm – 5 pm	Walnut Crk, CA	Sadey
Sunday	March 11	1 pm – 5 pm	New York, NY	Metzger

Empowering The Lord's Prayer \$75

Saturday	March 31	12 pm – 5 pm	Walnut Crk, CA	Sadey
Saturday	April 21	1 pm – 3 pm	Antioch, CA	K. Hilf

Enhancing Energy Blessings from the Stars, Level I \$55

Saturday	April 28	1 pm – 4 pm	Antioch, CA	K. Hilf
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The Essene Dove \$150 (see page 17 for description)

Sunday	January 29	12 pm – 4 pm	Walnut Crk, CA	Sadey
Saturday	February 4	12 pm – 5pm	Berkeley, CA	Meridian
Saturday	February 18	1 pm – 4 pm	Antioch, CA	Ira Hilf
Sunday	April 29	2:30 pm – 5 pm	New York, NY	Metzger

Experiencing Your Heart's Desire \$55

Saturday	February 25	1 pm – 4 pm	Walnut Crk, CA	Sadey
Saturday	March 3	10:00 am – 1:00 pm	Berkeley, CA	Meridian
Saturday	April 21	1 pm – 4 pm	Antioch, CA	Ira Hilf

Kundalini Water \$25

Sunday	January 15	12 pm – 1:30 pm	New York, NY	Metzger
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Mantra Angels \$55

Sunday	January 29	1 pm – 4 pm	New York, NY	Metzger
Saturday	March 3	12 pm – 5 pm	Walnut Crk, CA	Sadey

The Meridian Flush I \$75

Saturday	January 21	1 pm – 4 pm	Antioch, CA	Ira Hilf
Sunday	January 22	10 am – 1 pm	Walnut Crk, CA	Sadey
Wednesday	February 1	7 pm – 10 pm	Tokyo, Japan	Lowe

The Meridian Flush II \$75

Wednesday	March 7	7 pm – 10 pm	Tokyo, Japan	Tahil
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Moving Towards Freedom \$100

Sunday	March 4	10 am – 12 pm	Walnut Crk, CA	Sadey
Sunday	April 29	12 pm – 2 pm	New York, NY	Metzger

The Nectar of the Sphinx \$75

Saturday	January 28	12:30 pm – 3:30 pm	Berkeley, CA	Meridian
Sunday	February 19	1 pm – 4 pm	Walnut Crk, CA	Sadey
Saturday	February 25	1 pm – 4 pm	Antioch, CA	Ira Hilf
Saturday	March 10	12:30 pm – 3:30 pm	Berkeley, CA	Meridian

Phoenix Rising I \$75

Saturday	January 28	10 am – 5 pm	Walnut Crk, CA	Sadey
Saturday	January 28	1 pm – 7 pm	Antioch, CA	K. Hilf
Monday	February 13	7 pm – 10 pm	Tokyo, Japan	Lowe

Phoenix Rising II \$100

Monday	March 19	7 pm – 10 pm	Tokyo, Japan	Tahil
Sunday	April 15	10 am – 4 pm	Walnut Crk, CA	Sadey

The Power and Mystery of Gayatri \$75

Saturday	March 10	10 am – 4 pm	Walnut Crk, CA	Sadey
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The Red Ankh I \$55

Saturday	January 7	1 pm – 3 pm	New York, NY	Metzger
Sunday	January 22	2 pm – 5 pm	Walnut Crk, CA	Sadey

Releasing Past Life Karma* \$75

Sunday	February 5	12 pm – 4 pm	Walnut Crk, CA	Sadey
Saturday	March 31	1 pm – 5 pm	Antioch, CA	K. Hilf

The Twelve Ray Energy System* \$400

Sunday	January 1	10 am – 5 pm	Walnut Crk, CA	Sadey
Saturday	February 11	1 pm – 7 pm	Antioch, CA	K. Hilf
Saturday	February 18	10 am – 5 pm	Tokyo, Japan	Lowe

The World of Angels

Angels are real. Working with them opens a realm of possibilities that cannot be accessed in any other way. Angels can help you to achieve your life purpose, feel more alive, open your heart, live your dreams and understand Life more fully than you ever imagined. To work deeply with angels you must understand their true nature and purpose; you need to see through the many myths that exist in the popular literature.

What are angels? First of all, angels are not dead people with wings! They are a separate class of spiritual beings. The word “angel” comes from a Greek word meaning “messenger” and that is exactly what they are—emissaries from the realm of the Divine. As such their primary purpose is to help us in our personal and (particularly) spiritual evolution. Angels are not here just to make our life more comfortable—they are not cosmic vending machines! On the other hand, most traditional ways of thinking about angels fail to understand the many down to earth ways that angels will help us.

How do angels accomplish their work? Angels expect you to do some of the work; they will work with you but not for you. Angels have the power to affect events in the external world but their preference is to help you change yourself. For example, an angel can help you work through internal blocks to prosperity or inspire you to create new life circumstances.

Angels help you primarily in two ways: by sending you information and by doing very advanced energy work with you. In doing energy work, an angel will use what is called a shakti, an energy that is the carrier of divine intelligence. For more information about what a shakti is, see the article on the front page. Anyone can receive help from angels but you will get the most benefit if you either can tune in directly to the information or are sensitive to subtle energy. (See the “Take this Test” box on page 15).

How do you attract angels into your life? One does not attract angels into one’s life by using “magical” words or symbols, by wearing certain color clothes, etc. Angels are spiritual beings. *If it is appropriate for an angel to work with you, all you have to do is ask.*

So what determines appropriateness? The complete answer to that question, like other questions about the divine plan, is one of life’s mysteries. But certain things are clear. You must be sincere. Angels will not help you to accomplish things which will harm yourself or others. You must also be emotionally and spiritually mature enough to benefit from the angel’s help.

While it is not a requirement that you read a book or go to a class, taking a class can help you get the most out of your relationship with the angel. Also, certain kinds of work do require being initiated by another person. One reason for this is that grounding the energies of certain initiations in a human energy field requires the freely given cooperation of a teacher, such as a S.U.N. teacher, who has been trained in very specific star tetrahedron techniques.

Why take a S.U.N. angel workshop? Although there are many excellent angel workshops, S.U.N. angel workshops are not quite

like any others. To begin with, they are designed to benefit everyone from those who aren’t yet sure that angels even exist to those who have worked with angels for many years. Although anyone can take our workshops, you will benefit the most if you either can tune in directly to the information the angels send you or you can feel subtle energy. (See the “Take this Test” box on page 15.) Certainly there is information in our angel workshops, but the most important part of the workshops are the initiations you receive. Different initiations do different things, including permanently transforming your energy body so that the angels can do deeper work on you and giving you energetic tools from the angels that you can use in an ongoing way to work on yourself or others. The initiations that you receive in S.U.N. workshops are among the most powerful available. *Even people who themselves teach angel workshops have been astonished at how transformative our workshops are!*

S.U.N. Angel Workshops:

WORKING WITH YOUR GUARDIAN ANGEL FOR GUIDANCE & PROTECTION: Learning to work closely with your guardian angel is one of the most important and life-changing steps you can take. This workshop contains specific information useful to everyone, from those who aren’t convinced yet they have a guardian angel to those who are already expert at this kind of work and are ready to learn methods previously available only in certain mystery schools.

WORKING WITH THE ANGEL OF ABUNDANCE: “Abundance” refers to all forms of abundance, not only to financial abundance. In this life-changing course, receive attunements designed by the angel to become more abundant, to increase your ability to communicate with and receive energy from this angel, and enable you to benefit more from an ongoing relationship with the angel.

WORKING WITH THE ANGEL OF CREATIVE WISDOM: This angel can help you manifest higher mind in your life in a very practical, creative way. It can increase your ability to work with any other guides. Its ultimate goal is to enable you to embody Higher Mind as a natural, spontaneous overflowing of the Godhead.

WORKING WITH THE ANGEL OF POWER & INTEGRITY: The true source of our power (power “to” not power “over”) and integrity is the Divine. Greater access to this source is blocked by the ego, which taps in only partially and tries to convince us it is the originator. The solution is not to “destroy” the ego but to make it more transparent, to see through it and to let in more light. In this workshop you will begin a 7-day Dissolution of the Persona Initiation and a 21-day Transformation of the Ego Initiation, which come from and will be overseen by the angel.

WORKING WITH THE ANGEL OF UNCONDITIONAL LOVE & FREEDOM: Permanently transform the ability of your heart to give and receive love with personalized energy work and ancient mystery school initiations from this extraordinarily beautiful and powerful angel.

The World of Angels — Take this Test

Our workshops are designed to be of benefit to anyone, but to see if you are one of those who will get the most from them (or if the angels are advising you to do one), take this simple test. Many of the very powerful angels S.U.N. works with have agreed to help anyone who sincerely does this.

1. Take five minutes to prepare yourself for the steps below. Relax. Examine your motives for working with angels. Release any preconceptions you have about working with angels. Be open to new experiences!

2. Ask the angel to take five minutes to introduce itself to you and to reveal itself to you in whatever way is most appropriate for you. Don't expect the angel to materialize in the room; this seldom happens. Instead the angel may send you a mental image. The image need not look like a traditional angel; it could take whatever form is right for you. Or you may sense the energy field of the angel. Or just feel a presence, perhaps in your heart. The angel may send you information, but leave it up to the angel to decide if this is best.

3. Ask the angel to do five minutes of whatever energy work is most appropriate. Let the angel decide what is best.

If you have a significant experience in either step 2 or step 3, you are particularly likely to benefit from a S.U.N. workshop. If you're not sure what to make of the results, contact your nearest S.U.N. teacher with your questions.

*“The way is not in the sky.
The way is in the heart.
All things arise and pass away.
But the awakened awake forever.”*

*- The Buddha,
The Dhammapadam, Chapt. 18*

SEEING YOURSELF AS YOU ARE (Distant) \$75

All of us have blind spots that prevent us from making the progress we want. This empowerment automatically increases your ability to see yourself without distortion or illusion. This course with two others – “Unifying Your Personal Unconscious and Your Higher Self” and “Becoming Your Ideal Self” – constitute a triad on “Destroying the Dweller on the Threshold” from the Tibetan adept Djwhal Kuhl. (The Dweller on the Threshold is the sum total of all the inner forces which keep one from unifying completely with one's higher self.) The greatest benefit comes from taking all three courses, however they have been designed to be independent as well.

Although mediated by S.U.N.'s founder/director, the empowerment comes to you directly from Djwhal Kuhl. Freeing yourself from your Dweller is, of course, a long process, but the extraordinary empowerments in these courses give you all the tools you need to complete it. Please wait 30 days between any two of the classes.

To order, go to www.spiritunfold.com/distantenergywork.htm, or send your contact information: phone, postal and email addresses, with a check of \$75 (per person) payable to S.U.N. at S.U.N., P.O. Box 5900, Hercules, CA 94547.

Enhanced Classic Courses

For more classes and how to order, see pages 4 and 5.

RECREATING YOUR EMOTIONAL PERMANENT ATOM	\$86.19 CA \$80 US
RECREATING YOUR MENTAL PERMANENT ATOMS	\$86.19 CA \$80 US
RECREATING YOUR PHYSICAL PERMANENT ATOM	\$86.19 CA \$80 US
RECREATING YOUR RELATIONSHIP WITH ANYONE	\$86.19 CA \$80 US
RELEASING BLOCKS TO SUCCESS	\$86.19 CA \$80 US
RELEASING UNCONSCIOUS BLOCKS TO YOUR GOALS	\$86.19 CA \$80 US
RESTORING WHOLENESS TO THE HEART	\$86.19 CA \$80 US
THE SHIELD OF BASTET	\$86.19 CA \$80 US
THE SIRIAN PORTAL	\$86.19 CA \$80 US
SOLAR ALCHEMY, LEVEL 1	\$86.19 CA \$80 US
SOLAR ANGEL CONDUCTION GRIDWORK, LEV 1 OR 2	\$86.19 CA \$80 US
THE SOLAR CHALICE	\$86.19 CA \$80 US
SOUL-CENTERED CHAKRA WORK	\$86.19 CA \$80 US
SOUL CLAIRVOYANCE, PART 1	\$86.19 CA \$80 US
SOUL CLAIRVOYANCE, PART 2 (Part I is a prerequisite)	\$86.19 CA \$80 US
THE SOUND OF YOUR D.N.A.	\$86.19 CA \$80 US
THE STAR OF DAVID INITIATION	\$86.19 CA \$80 US
THE SWEETNESS OF LIFE TRANSMISSIONS	\$86.19 CA \$80 US
THE TETRAGRAMMATON	\$86.19 CA \$80 US
THE TRIPLE SWORD OF MICHAEL	\$86.19 CA \$80 US
THE TWELVE CHAKRA SYSTEM	\$86.19 CA \$80 US
THREE RAY BOHDICHITTA	\$86.19 CA \$80 US
UNIFYING PERSONAL UNCONSCIOUS & HIGHER SELF	\$86.19 CA \$80 US
VAJRA, SEX AND ENLIGHTENMENT	\$86.19 CA \$80 US
VIPASSANA, LEVELS I-V (Each)	\$86.19 CA \$80 US
WORKING WITH GANESHA	\$86.19 CA \$80 US
WORKING WITH PLANETARY TRIANGLES, LEVEL II	\$86.19 CA \$80 US
WORKING WITH THE ARCHANGEL HANIEL	\$86.19 CA \$80 US
WORKING WITH THE ARCHANGEL METATRON, LEV I	\$113.25CA\$105US
WORKING WITH THE ARCHANGEL RAMAELA	\$86.19 CA \$80 US
WORKING WITH THE ARCHANGEL ZADKIEL	\$113.25CA\$105US
WORKING WITH THE ELOHIM, LEVEL 1	\$86.19 CA \$80 US
ZODIACAL BALANCING SHAKTI, LEVEL 1	\$86.19 CA \$80 US

*The one who dwells in the light,
yet is other than the light,
whom the light does not know,
whose body is the light,
who controls the light from within—
that one is the Self within you.*

— Yajur Veda

S.U.N. DISCLAIMERS

(1) S.U.N. makes no medical claims for any of our work. Although historically one of the reasons people have worked with shakti is because of a belief some energies can heal, S.U.N. makes no medical claims. No statement made by S.U.N. materials, teachers or students should be interpreted as making or implying a medical claim, in whole or in part.

When we use the word “heal” we do so in a spiritual sense, not a medical sense – even if we do not state so explicitly for every single use. The words “heal” and “whole” come from the same Old English root. To be healed spiritually with respect to an issue is to become whole with respect to that issue. For example, it may involve not a cure but being at peace with the fact that there is no cure.

If you have a medical condition, please seek the advice of a licensed health practitioner. In no case should S.U.N. practices or statements made by S.U.N. materials, teachers or students contribute to the delay or omission of appropriate medical treatment.

(2) S.U.N. prides itself on making available energies that are not only extraordinarily effective but also extraordinarily safe. However, we do not assume responsibility for the effects of any S.U.N. initiations or any practices coming from S.U.N. materials, teachers or students.

It is S.U.N. policy that the above statements be presented in each issue of our newsletter, at the front of materials for each class, at all S.U.N. talks and demonstrations, and at the beginning of individual work with any S.U.N. teacher. It will be assumed that anyone participating in a class or individual work is familiar with and accepts these statements.

RECEIVE OUR FREE SUNDAY TRANSMISSIONS AT HOME

Sunday Mornings 9:00 to 9:15 a.m. your local time
Sunday Evenings 9:00 to 9:15 p.m. your local time

Just as physical energies (such as radio waves) can be transmitted over a distance, so can subtle energies. Every Sunday all the S.U.N. teachers do a group transmission of hundreds of different energies. You can receive these energies just by “tuning in,” i.e., by wanting to and being aware. Because the energies can be transmitted on a “time delay basis,” you can do this according to your local time as described in the box above. It is not necessary to be in any special state of consciousness, though it does help to get into your quiet, inner space or to be in a meditative state.

Because we are transmitting hundreds of energies and because you can only absorb so much energy at one time, ***it is very important that you ask your higher self to select the energies that are best for you.***

There are two purposes for this transmission. It is part of our philosophy of providing ongoing support (for those who wish it) to people who have taken our workshops. It is also a way to introduce our work to those who aren’t yet familiar with it. If you are among the latter and enjoy the energies, we invite you to come to a free talk or sign up for a workshop.

FREE MONDAY TRANSMISSIONS

Monday Mornings 9:00 to 9:15 a.m. your local time
Monday Evenings 9:00 to 9:15 p.m. your local time

In addition to the weekly Sunday transmissions described above, which come from all the S.U.N. teachers, there are weekly Monday transmissions, which come just from Irving Feurst, the S.U.N. network founder and director. The Monday transmissions use newer energy technologies that are more effective when done separately from the Sunday transmissions. However, like the Sunday transmissions, they contain many different energies and it is best to ask your higher self to select the energies that are best for you.

“The seven people at our Reiki get-together tuned in to your weekly transmission last Sunday night, and we all had sensations, images, (e. g. a white Pegasus) or messages (‘Be like a mountain. Quit moving around and put down roots.’). We were grateful for your transmission and will tune in again.”

—Donna MacMillan

The Essene Dove

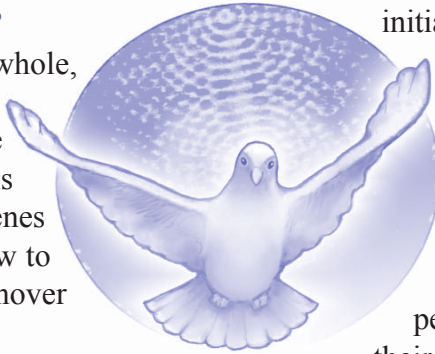
WHAT IS THE ESSENE DOVE?

For the universe to exist as a unified whole, there must be an energy that ties together all of its many parts. The Dove is the energy that interconnects all levels of reality. Through meditation the Essenes tuned in to this energy and learned how to direct it. In the way that a dove can hover over its nest and yet return to it at any time, the Dove energy can empower your consciousness to easily travel to any level of reality and then return to everyday life. Because the Dove interconnects all levels of reality, it can be used to unify your human and divine natures. There are many forms of Dove energy in the Western Mystery School tradition; the Essene Dove is the most pure and potent form of this beautiful and life-transforming energy. The Essene Dove activates your full potential as a divine being, a being created in the image of God.

HOW CAN THE DOVE HELP YOU?

The Essene Dove can bring you many different gifts. It works in conjunction with your own higher self to determine which it will bring you. Here are some commonly experienced benefits:

- The Essene Dove can give you dramatic feelings of awakening to your true identity of being one with God. The Dove can help you to experience God as a living presence, radiating love from every point of the universe.
- The Dove empowers your consciousness to easily travel to many realms including the higher spiritual planes and other dimensions. The Dove can move you in an instant from being aware of your body to being aware of the whole earth and even our galaxy. You could also travel instantly to smaller levels, becoming aware of your cells and your DNA.
- The Dove creates a new subtle body (called by the Essenes “the ark of light”). When you are meditating or dreaming, this subtle body can travel to “celestial academies” where you can receive profound energy



initiations. This kind of travel is both safer and more transformative than astral body travel.

- The Dove energy helps you see beyond the confines of space, time and matter. Some say it was the secret empowering a number of the biblical prophets. Some people find the Dove dramatically increases their clairvoyant ability. Those with merkaba initiations may experience them more powerfully.
- The energy of the Essene Dove helps you develop many desirable qualities and particularly fosters deep serenity, courage, and joy.
- The Dove strengthens your connection to your Higher Mind. This gives you a higher form of knowing that proceeds directly from your divine identity, and from being inextricably intertwined with all that is.
- The Dove helps you understand the inner working of the universe and of your role in it. It enables you to experience your soul purpose as a living reality and to know the exact details of how to implement it.
- The Dove brings lightening like flashes of energy into the chakras, dramatically accelerating their evolution. Clairaudients can hear a hum in the chakras much like that of a powerful engine.

by Irving Feurst, Founder and Director

ESSENE DOVE AMPLIFICATIONS

Once you have taken the Essene Dove class you can receive this energy work every Monday. Send the application in the class handout with \$15 per month to the following address. Make your check payable to “S.U.N.”.

**Spiritual Unfoldment Network
P.O. Box 5900
Hercules, CA 94547 U.S.A.**

Other Workshops

Angelic Opening & Shielding of the Base Chakra, Levels I* & II* \$75

This initiation from the angelic kingdom results in a truly profound opening of the base chakra. A common problem with getting the base chakra open is that it closes down again as soon as we encounter the stresses of daily living. This initiation also places a shield around the base chakra that protects you from negative influences in your environment. A remarkable property of the shield is that, rather than causing you to feel separate from your environment, it actually helps you feel more connected to life. *In this series, Level I courses are prerequisite for the Level II classes.*

Angelic Opening & Shielding of the Brow Chakra, Levels I* & II* \$75

Same course content as “Angelic Opening and Shielding of the Base Chakra” (above), but for opening the brow chakra.

Angelic Opening & Shielding of the Crown Chakra, Levels I* & II* \$75

Same course content as “Angelic Opening and Shielding of the Base Chakra” (above), but for opening the crown chakra.

Angelic Opening & Shielding of the Heart Chakra, Levels I* & II* \$75

Same course content as “Angelic Opening and Shielding of the Base Chakra” (above), but for opening the heart chakra.

Angelic Opening & Shielding of the Second Chakra, Levels I* & II* \$75

Same course content as “Angelic Opening and Shielding of the Base Chakra” (above), but for opening the second chakra.

Angelic Opening & Shielding of the Solar Plexus Chakra, Levels I* & II* \$75

Same course content as “Angelic Opening and Shielding of the Base Chakra” (above), but for opening the solar plexus chakra.

Angelic Opening & Shielding of the Throat Chakra, Levels I* & II* \$75

Same course content as “Angelic Opening and Shielding of the Base Chakra” (above), but for opening the throat chakra.

Awakening the Pineal Gland I* & II* \$75

Your pineal gland has many key metaphysical and spiritual functions—including clairvoyance, linking you to your Higher Self, and accessing advanced states of consciousness. This initiation uses a beautiful golden energy to permanently heighten functioning of your pineal. *Level I is a prerequisite for Level II.*

The Bliss of Osiris I \$250

This ancient Egyptian initiation empowers you to access a wondrous, beautiful energy, leading to the highest meditative absorption in God. It is more balanced than most Eastern energies used for this purpose and it grounds divine bliss throughout the body, leading to states of vibrant, sensual aliveness.

The Bliss of Osiris, Level II* \$350

The Bliss of Osiris, Level II initiation makes all applications of the previous initiation significantly more powerful. It gives you specific techniques for using The Bliss of Osiris as tantric sex shakti and as a dream shakti, facilitating lucid dreaming and enabling you to access profoundly beautiful and enlightening energies while asleep. *Level I is a prerequisite for Bliss of Osiris II.*

Building Your Antahkarana* \$75

The antahkarana is the link between your personality and your higher self; it is composed of matter from the higher mental planes. Anyone who has engaged in any spiritual practices has worked at building their antahkarana, whether they realized it or not. However, you can only go so far in your spiritual evolution without working at this consciously. This course contains attunements for strengthening the antahkarana and specific procedures hidden “between the lines” in the Bailey writings.

Crystal Empowerment Workshop \$40

To take this workshop, you need not have any previous experience working with crystals or gemstones, however it is essential that you be able to feel crystal energy. Through empowerments of your energy field, you will become able to magnify tenfold the energy field of a crystal or gemstone. You will have entirely new ways of: clearing and programming crystals, contacting your higher self, and making gem stone elixirs. *Please bring a singly terminated quartz crystal and several favorite gemstones.*

Empowering the Lord’s Prayer \$75

Many students of Eastern traditions are surprised to find that recitation of the Lord’s Prayer brings in an energy every bit as powerful as the energies brought in by the mantras of those traditions. Jesus was heir to the Kabbalistic tradition of Jewish mysticism and the energy brought in by the Lord’s Prayer is a beautiful variation of a classic Kabbalistic energy. It is not necessary for anyone to take this course in order to bring in the energy, however receiving the initiation multiplies the power of the energy manyfold (just as receiving the initiation for an Eastern mantra makes it “jagrata” or “awakened” and increases its power manyfold). Jesus gave this same initiation to his twelve disciples. It brings in an energy which opens the heart and brings one closer to God.

Enhancing Energy Blessings from the Stars I \$55

This course significantly increases the effectiveness of all the initiations in the book *Energy Blessings From The Stars*. Like the initiations in the book, the initiations in this course are autonomous (self-activating). *See page 16 for a description of the book. Prerequisite: You must have completed all the initiations in the book (which take about two months). Level II is available from the S.U.N. office.*

Experiencing Your Heart’s Desire \$55

Do you have a dream that you have never acted on? Have you ever worked hard to get something, only to realize that it wasn’t what you really wanted after all? Are you undecided about what you want or the best way to get it? The initiations in this course significantly increase your ability to identify your innermost desires and to go after them.

**See page 11 for teachers certified to teach these courses.*

Other Workshops

Kundalini Water \$25

This course empowers you to charge water with an energy that activates kundalini in a very powerful but completely safe way. The presence of the water balances the fire of the kundalini, preventing problems which often arise from kundalini. The water also enables the kundalini energy to be carried deeper into the structure of the cell than is typically the case.

Mantra Angels \$55

In this course one of the great secrets of how mantras work will be revealed, namely the existence of mantra angels. These angels are now ready to systematically begin empowering mantras in a deeper way than done previously. You will be introduced to how mantra angels work and receive empowerments for three classical mantras: Om, Om Namah Shivaya, and Om Mani Padme Hum.

The Meridian Flush I & II* \$75

An activatable attunement (for yourself or others) that runs for 5 hours straight and does the most thorough job of clearing the meridians of anything we know. *Level I is a prerequisite for Level II.*

Moving Towards Freedom \$100

A continuous transmission of a very unusual energy. One exposure to this energy results in a permanent 30% reduction in the strength of one's negative patterns. The energy works by reducing the strength of the impulses going from the etheric brain to the nervous system when the pattern becomes active.

Nectar of the Sphinx \$75

This initiation from one of the three primary ancient Egyptian mystery schools enables you to send out from your heart chakra a "plum-like" nectar which spreads throughout the physical and subtle bodies, dispelling fear-based emotions and thoughts. In ancient times it was said that those who had this initiation, over time, became literally fearless.

Neriya I – V* \$400–\$600

Drisana is the most comprehensive energy system available to the public today. Neriya accelerates spiritual evolution more than any other system currently available. *Drisana III is a Prerequisite.*

Phoenix Rising I \$75

This mythical Egyptian bird has become a symbol of long life and even immortality. Although the bird itself is mythical, its esoteric reference is to an energy which is quite real. No, we're not promising you immortality! However, since ancient times there have been extraordinary stories of the rejuvenatory power of these energies. Clairvoyant observations and personal feedback convince us these stories are substantially true. If you take the workshop, you can decide for yourself!

Phoenix Rising II* \$100

Strengthens all the attunements from Phoenix Rising I. Requires no new practices. *Level I is a prerequisite for Level II.*

The Power and Mystery of Gayatri \$75

Called "the Sound of Light," the Gayatri mantra has for thousands of years been considered the most sacred of all mantras in Hinduism. In this workshop you will be initiated into an extraordinary system of total transformation based on the Gayatri mantra. Through S.U.N. this system is now being taught outside of India for the first time

The Red Ankh I & II* \$55

This is an ancient Egyptian initiation for developing spiritual clairvoyance. Compared to ordinary clairvoyance, fully developed spiritual clairvoyance allows you to see all the frequencies of subtle energy. *Level I is a prerequisite for Level II.*

Releasing Past Life Karma* \$75

Most work on releasing the influences of past lives focuses on the recall of dramatic events. In reality, what is most important is neither recall nor working with dramatic episodes but the energetic release of the samskara—a Sanskrit term meaning the limiting influences on our thoughts, feelings and actions built up through many past lives. This course gives you a comprehensive system for working with your samskara as they are ready to release.

The Twelve Ray Energy System* \$400

All energies are some combination of the twelve rays of creation. Usually the ray proportions are fixed. In this system the ray proportions can shift significantly and so it is one of the most unusual and useful energy systems you will ever experience! This system can be used to permanently increase the strength of any other subtle energy or subtle energy product.

Working with Planetary Triangles Level I \$75

The most effective way to tap into the energies of the planets is to work with them in groups of three (the groupings being determined by their esoteric ray alignments). In this workshop you will receive unusually potent initiations for bringing in and grounding the energies of ten planetary triangles—including those for manifestation, balancing male and female energy, realizing your soul purpose, releasing past life karma, and clairvoyance. You will also receive initiations for working with the angels associated with the planets.

Your Rainbow Heart \$40

An extraordinary new energy system with activatable attunements for developing seven key qualities of heart: love, joy, compassion, courage, zest, faith and serenity. These beautiful, deeply fulfilling rainbow energies can be used for yourself or up to a roomful of others. The system comes from Tara, the Tibetan benefactress.

**See page 11 for teachers certified to teach these courses.*

Some of these workshops are not scheduled to be taught this quarter. Please call a S.U.N. teacher if you are interested in taking a class that is not scheduled in this newsletter.

New Distant Workshops

from Irving's Solar Angel

Now sent distantly to wherever you are. Receive transmissions at Pacific Time listed or afterward. See instructions below right.

PROGRESSIVE UNDERSTANDING OF THE FOURTH CHAKRA \$75

Sunday, January 22, 2 – 3 pm

This autonomous (self-activating) initiation progressively increases your understanding of the fourth chakra, thus making it easier to bring about positive changes in your physical, emotional and mental behaviors which relate to that chakra.

THE SOUL STAR, LEVEL II \$75

Sunday, January 29, 2 – 3 pm

This autonomous (self-activating) initiation significantly increases the power of the initiation given in the course The Soul Star, Level I. As mentioned previously, the “Soul Star, Level I” and “Earth Star” courses significantly strengthen the Drisana channel building procedure. *Level I is a prerequisite.*

INCREASING YOUR COURAGE \$75

Sunday, February 12, 2 – 3 pm

One of the most important qualities you can develop in life is courage. This autonomous (self-activating) initiation enables you to become more courageous. It helps to bring out the female or male warrior within.

THE SOLAR LOGOS \$75

Sunday, February 26, 2 – 3 pm

Just as you are a soul using your body to anchor into the physical plane, every solar system has assigned to it a spiritual being (known as its “solar logos”) using the sun of that system to anchor into the physical plane. The solar logos is an immensely powerful being putting out as much energy on the higher spiritual planes as the sun is on the physical plane. The purpose of the solar logos is to help all the beings in its solar system to evolve, in particular to oversee the personal and spiritual evolution of all the self-conscious beings in its system. This initiation has both an autonomous and a self activating part. The autonomous part increases your connection to the solar logos, thereby greatly accelerating your personal and spiritual growth. The *activatable* part empowers you to do a very easy meditation which increases even further your connection to the solar logos.

DEVELOPING GRATITUDE \$75

Sunday, March 11, 2 – 3 pm

Gratitude is an essential quality to experiencing happiness in life. Without it you will feel dissatisfied no matter how much you have. On the other hand, it is impossible to feel incomplete in a moment in which you are filled with gratitude. Profound gratitude is a very spiritual experience and connects you with your soul. This autonomous (self-activating) initiation develops the quality of gratitude.

INCREASING YOUR SENSITIVITY TO ANGELS \$75

Sunday, March 18, 2 – 3 pm

There are many different kinds of angels. Everyone has a solar (guardian) angel, who has the purpose of overseeing his or her spiritual evolution. Just to give one other example, there are angels that specialize in developing our artistic ability. This autonomous (self-activating) initiation makes it easier for you to receive energy work and information (both consciously and unconsciously) from

angels in general. If you have an interest in angels, this is one of the best S.U.N. courses for you. It is an excellent complement to our Enhanced Classic course sequence “A Tour of the Angelic Kingdom”. If you haven’t taken any of the twelve parts you can take as few or as many as you want after you take Part 1.

EXPERIENCING DIFFERENT ASPECTS OF GOD \$75

Sunday, April 15, 2 – 3 pm

God has many different aspects, including those of which you have heard, and those of which you haven’t. On the one hand, God is “transcendent” i. e. outside the universe in space and time. On the other hand God is “immanent”, i.e. in the deepest part of everything, including inanimate matter and yourself. God can be experienced as a loving mother/father and the best friend you can possibly have. God has been described as a divine artist and divine humorist. The more aspects of God you can experience, the more enriched your life will be. This course gives you an autonomous (self-activating) shakti that enables/increases your ability to experience the aspects above as well as others. The shakti is personalized to you so that it will help you experience the aspects of God that will most benefit you.

THE SOUL STAR AND THE MERIDIANS \$75

Sunday, April 22, 2 – 3 pm

The Soul Star is an energy center located about 6 to 8 inches above the head. It has been described as the “eighth chakra”. When people become aware of it, some people perceive it as a sphere and others as a point. It is always filled with the energy of the soul, and it acts as a link between the etheric, emotional and mental bodies in the personality on the one hand, and the soul on the other hand. In this course, you receive an initiation that enables you to do an easy practice that brings soul energy down from the soul star into the meridians. It is not necessary to know where the meridians are located to do this.

The result is increased personality/soul fusion, personality integration and a feeling of wholeness and wellness. It is important to work with your meridians as well as your chakras and this course gives you an easy, powerful way to do this. It combines especially well with the courses “Soul Star, Level I”, “Soul Star, Level II”, and the Drisana and Neriya sequences.

To Order New Distant Workshops Above:

Pay via Paypal online, or send us a check payable to S.U.N., name the class you’re taking, and whether you’d like the handout via email or U. S. mail. Include your contact information. (Call (510) 245-3838 or email info@spiritunfold.com with questions.) Choose to receive the energies at the time listed or at your convenience thereafter.

Class Schedule

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Working with Planetary Triangles, Level I \$75

Saturday	January 14	10 am – 4 pm	Walnut Crk, CA	Sadey
Saturday	March 17	1 pm – 7 pm	Antioch, CA	Ira Hilf
Saturday	April 21	1 pm – 5 pm	New York, NY	Metzger

Your Rainbow Heart \$40

Sunday	February 12	10 am – 4 pm	Walnut Crk, CA	Sadey
Saturday	March 3	2 pm – 5 pm	New York, NY	Metzger
Saturday	March 3	1 pm – 7 pm	Antioch, CA	K. Hilf

S.U.N.

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